East Coast Elite Care Launches New Jacksonville Chiropractic Website

Deerwood Park clinic debuts a redesigned site covering exam-led chiropractic care, spinal decompression and nerve testing for the Southside and beyond

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East Coast Elite Care Consult Room

JACKSONVILLE, FL, September 5, 2026 - East Coast Elite Care, a diagnostic-first clinic in Jacksonville's Deerwood Park, has launched a new website built around the question patients ask most: what is actually wrong, and what should be done about it. The redesigned site at eastcoastelitecare.com gives residents of the Southside, Baymeadows, Mandarin, and Ponte Vedra a clear picture of how chiropractic care in Jacksonville, FL works when the examination, rather than a prepaid visit package, decides the plan.

> Someone in Baymeadows or Ponte Vedra can now read exactly how we examine, what we test for, and when we will refer them elsewhere, before they ever call. The exam decides the plan, not a package."
> *Vanessa Wilczak, DC, Founder, East Coast Elite Care*

The launch matters because chiropractic care is often sold before it is explained. Many clinics set a visit count before the exam is finished. East Coast Elite Care takes the opposite position, and the new website spells that out on every service page. The first visit is an examination that includes orthopaedic and neurological testing, range of motion and gait assessment, and, where nerve involvement is suspected, an on-site electrodiagnostic study. Patients leave that visit knowing the diagnosis, the expected number of visits, and the cost before any treatment begins.

The site also documents how chiropractic care fits alongside the clinic's other tools. A disc under

load may need spinal decompression. A degenerated tendon may respond to shockwave therapy. Inflamed tissue may call for Class IV laser. The new website connects each of these to the conditions Jacksonville patients most often bring in, including sciatica, disc-related low back pain, neck pain with cervicogenic headaches, and peripheral neuropathy, so a visitor from San Marco or Nocatee can see the full pathway before booking.

Leading that clinical model is Vanessa Wilczak, DC, the clinic's founder. Dr. Wilczak earned her Doctor of Chiropractic degree from New York Chiropractic College and holds Diplomate status with the International Board of Chiropractic Neurology and the International Board of Electrodiagnosis, along with Fellowship in the International Academy of Chiropractic Neurology. That pairing of chiropractic neurology and electrodiagnosis is uncommon in a chiropractic clinic, and it is the reason nerve testing is available on site rather than referred out. She co-owns the practice with Adam Whalen, DC, who holds the same Diplomate credentials and leads East Coast Injury Clinic, the sister practice that has treated Jacksonville patients for twelve years.

"Patients across Jacksonville have told us the same thing for years: nobody explained what was wrong before selling them a plan," said Vanessa Wilczak, DC, founder of East Coast Elite Care. "The new website exists so that someone in Baymeadows or Ponte Vedra can read exactly how we examine, what we test for, and when we will refer them elsewhere, before they ever call. If the exam says a handful of adjustments will settle it, that is the plan. If it says the disc needs decompression, we say that too. Being discharged is the goal, and the site says so plainly."

That candor extends to the cases the clinic will not treat. The website states that suspected fracture, significant osteoporosis, active inflammatory arthropathy, progressive neurological deficit, and similar findings are reasons to stop and refer rather than adjust, and that patients will hear this at the first visit. For a Jacksonville resident deciding where to take a stubborn back or neck problem, that transparency is itself a form of reassurance.

For patients, the practical benefit is time and certainty. The site lists same-week appointment availability, ground-floor access at Suite 609B with on-site parking, and the clinic's position at the junction of I-295 and J. Turner Butler Boulevard, under ten minutes from St. Johns Town Center. It explains that chiropractors are primary-contact providers in Florida, so no referral is needed to book an evaluation. It also addresses payment directly: the clinic is in-network for VA Community Care, accepts HSA and FSA cards, and offers financing through Cherry with zero percent interest options approved on a soft credit check that does not affect a patient's credit score. What used to take several phone calls to piece together now takes one visit to the site.

Jacksonville residents dealing with back pain, sciatica, neck pain, or nerve symptoms can explore the new site, read the chiropractic FAQ, and book an evaluation online at eastcoastelitecare.com or by calling 904-513-3954. The first visit is an examination, and every patient leaves knowing what is wrong and whether the clinic can help.

About East Coast Elite Care

East Coast Elite Care is a diagnostic-first, non-surgical pain management clinic at 10550 Deerwood Park Blvd, Suite 609B, Jacksonville, FL 32256, serving Deerwood, Baymeadows, the Southside, Mandarin, San Marco, Ponte Vedra, and Nocatee across Duval and St. Johns counties. Founded by Vanessa Wilczak, DC, the clinic combines chiropractic care, physical therapy, physician-led regenerative and interventional pain medicine, and device-based treatment in a single examination-led plan. The clinic is open Monday through Friday, 9:00am to 6:00pm. Learn more at eastcoastelitecare.com or call 904-513-3954.

Vanessa Wilczak, DC
East Coast Elite Care
+1 904-513-3954
contact@eastcoastelitecare.com
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