Rachel J. Lithgow to Host Book Signing and Conversation at Published

The evening will spotlight Lithgow's latest memoir, My Year of Really Bad Dates, a fearless and funny deep-dive into life after divorce.

NEW YORK, NY, UNITED STATES, September 10, 2026 /EINPresswire.com/ -- Acclaimed author, historian, and cultural leader Rachel J. Lithgow will host a special book signing and live conversation on September 15th, 2026, at Published on 47 Green Street, Huntington. The event is from 6:30 – 8:30 PM and will feature a conversation by Rachel Lithgow where she will explore themes of identity, empowerment, and starting over in midlife. This event is open to the public.

> "Local bookstores are my favorite places, and my favorite places to do events since my book was published. There's such a sense of community and joy in these kinds of spaces."
>
> *Rachel J. Lithgow*

The evening will spotlight Lithgow's latest memoir, My Year of Really Bad Dates, a fearless and funny deep-dive into life after divorce. With her signature wit and unfiltered honesty, Lithgow shares the highs and cringe-worthy lows of reentering the dating world after leaving a high-profile Hollywood marriage. The book offers an unflinching yet hilarious look at personal reinvention and the chaos of modern relationships, making it a must-read for anyone who's ever tried to swipe right in hopes of a fresh start. Copies of My Year of Really Bad Dates will be available for purchase.

Rachel brings a unique perspective to the table: she's the former daughter-in-law of iconic actor John Lithgow, and a veteran leader in global cultural institutions. Her voice, self-aware, and refreshingly unfiltered offers something rare in the dating-memoir space: honesty without self-pity, humor without detachment. The audiobook adds an extra layer of nostalgia and pop-culture appeal with narration by actress Jodi Sweetin, best known for her role as Stephanie Tanner on Full House and Fuller House.

During the event, guests can mingle, connect, and celebrate while enjoying a selection of refreshments, including full coffee service, a full bar, beautifully curated cheese boards, and an assortment of delicious pastries. It's a wonderful opportunity to get out among friends, connect with fellow guests and attendees, and simply enjoy a lovely evening out together.

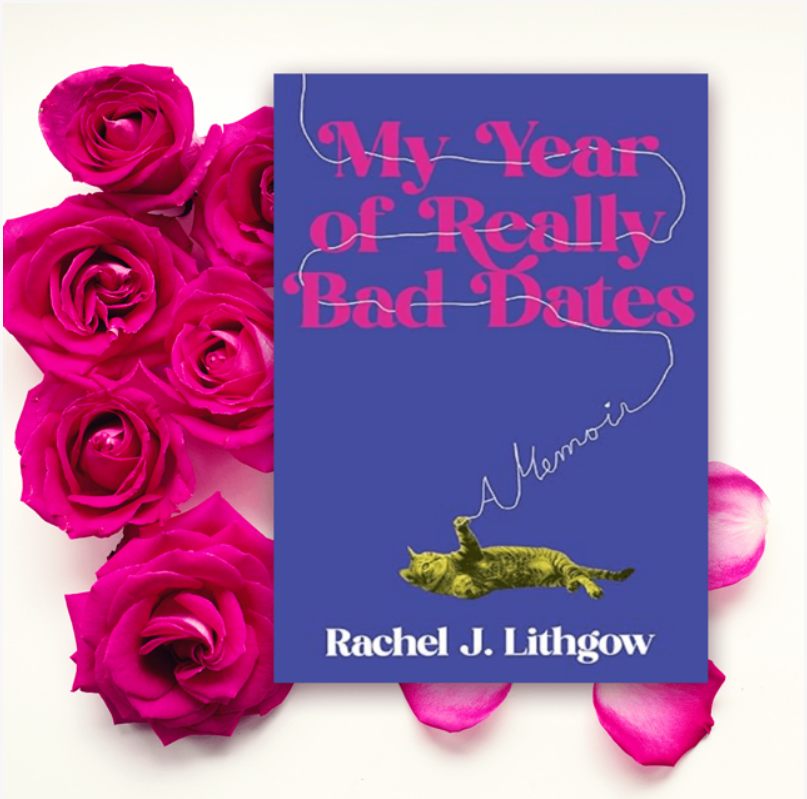
About Rachel J. Lithgow
As a celebrated writer, Lithgow brings an unusually candid voice to the dating-memoir genre and writes with a blend of humor, vulnerability, and unguarded self-awareness-honesty without self-pity.

The New York–born mother of two now based on Long Island, has dedicated over three decades to leading prominent cultural institutions around the world. A renowned historian and former cultural institution executive, her written work has appeared in The New York Times, Time, The Huffington Post, and The Jerusalem Post, among others. Her memoir marks a bold new chapter in a career defined by transformation, leadership, and commitment to truth and storytelling.

As Lithgow continues to host book events across the country, she has also become a sought-after voice on local and national television, where she offers dating advice grounded in lived experience rather than clichés. Through her advocacy and leadership, Lithgow continues to drive meaningful conversations and inspire action on critical humanitarian issues.



Rachel J. Lithgow. Photo Courtesy of Mike Ruiz



"My Year of Really Bad Dates" Photo Courtesy of BookBrush

The New York native has written several screenplays and is actively working across multiple formats. Rachel is developing two completed, market-ready books, along with scripts intended for television and streaming platforms, establishing herself as a versatile television writer. Her projects include two screenplays and a historical fiction novel, King David, set in Queens between 1957 and 1977. She is continuously

developing works of fiction that are being adapted into a serialized television concept.

Published
Located on Green Street in the heart of Huntington Village, Published is a beautifully curated independent bookstore that offers far more than books. It is an inviting destination designed for discovery, conversation, and connection. With its sophisticated yet welcoming atmosphere, thoughtfully selected collection of books, and elegant bar, Published creates a unique setting where guests can browse, relax, and enjoy a drink while taking in the literary experience.



Rachel J. Lithgow with Guest Book Signing -Photo Courtesy of Stefano Giovannini

To Purchase My Year of Really Bad Dates:
https://www.amazon.com/dp/B0DXD6FLJF?tag=kirkus-20&linkCode=osi&th=1&psc=1

https://www.instagram.com/iamrachellithgow/

https://racheljlithgow.com

Christine Montanti
Chrisitne Montanti Public Relations
+1 631-470-5987
email us here

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