

BLUE DIAMOND CONSTRUCTION FOUNDER, PODCAST HOST AND AUTHOR PAT MILLER ANNOUNCES NEW BUSINESS BOOK

Underdog to Empire Available in Paperback and eBook on September 22, 2026; eBook Now Available for Pre-Order

JACKSON TOWNSHIP, NJ, UNITED STATES, September 9, 2026 /EINPresswire.com/ -- Pat Miller, Founder and President of Blue Diamond Construction and host of the top-rated Apple Podcast

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The Underdog doesn't win in spite of being overlooked. The Underdog wins because of it.”

Pat Miller, Author, Underdog to Empire

From Underdog to Entrepreneur: Building Dreams, today announced the publication of her first-ever business book, [Underdog to Empire: Breaking Barriers and Building Businesses with Strength](#), Strategy and a Sense of Humor, set for release on September 22, 2026.

The book is available for pre-order now (www.patmiller.net) in eBook format on Amazon, with paperback and eBook editions available at launch.

Written for entrepreneurs who have been overlooked, underestimated and forced to fight for every opportunity, Underdog to Empire delivers the unfiltered, real-world blueprint Pat Miller built through thirty years of working in one of the most demanding industries in the country — commercial construction.

"I didn't write this book about how I made it," said Miller. "I wrote this book about how you can. The Underdog doesn't win in spite of being overlooked. The Underdog wins because of it."

Underdog to Empire is not a book about theory. It is a field manual — 13 chapters of hard-won lessons from a woman who built a multi-million-dollar construction company from a \$100 stack of flyers, rebuilt that company from a quarter million dollars in debt after losing her husband and business partner to cancer and then came out the other side with a Lamborghini and a blueprint she is ready to hand to the next generation of Underdogs.

The book covers the full arc of building a business from nothing, including:

- how to build a reputation that walks into rooms before you do;

- why being overlooked is a competitive advantage, not a disadvantage;
- how to network from the outside of every circle;
- when to tell the truth even when it costs you the contract;
- how to get back up after the kind of hit that makes most people walk away; and,
- how to turn every person who has ever underestimated you into fuel.

It is written in Miller's signature voice: direct, unvarnished, and grounded in more than three decades of lived experience in a male-dominated industry, paired with gritty wit. It is the same style that has made her podcast a go-to resource for ambitious entrepreneurs, especially those working in spaces where they've felt overlooked or stuck following someone else's playbook.

The book's release builds on the momentum of Miller's growing platform, which includes her weekly podcast featuring interviews with super-successful entrepreneurs and continues her track record following the success of her first internationally bestselling memoir *Kicking Karma's Ass* (December 2022).

About the Author

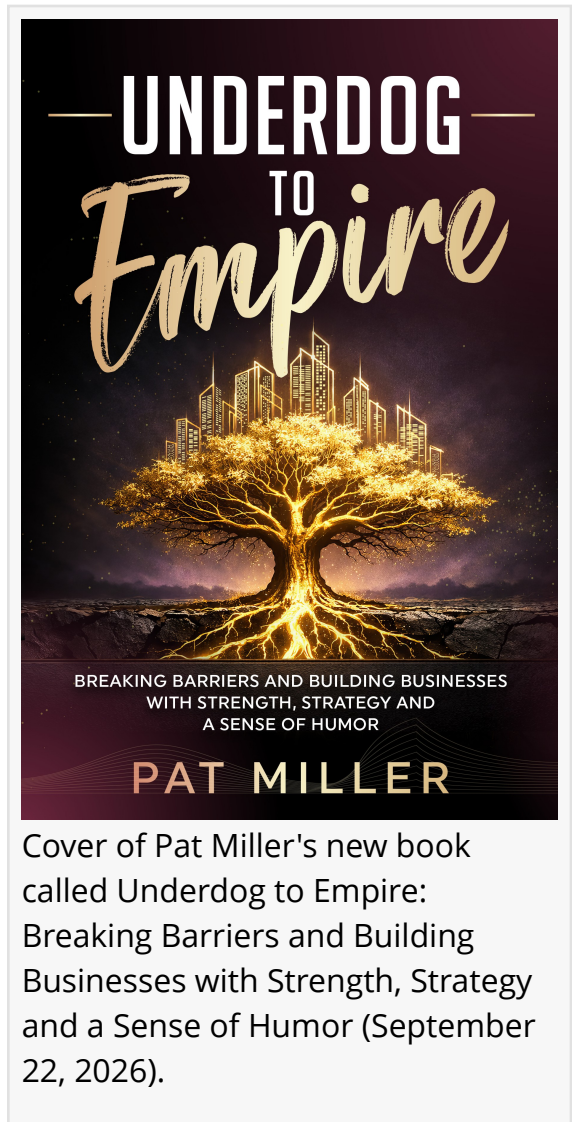
Pat Miller is the Founder and President of Blue Diamond Construction, based in Jackson Township, New Jersey. A commercial framing and drywall contractor with more than thirty years of experience, she built her company from a \$100 investment into a multi-million-dollar operation serving developers, general contractors, and property managers across New Jersey.

Pat is the host of *From Underdog to Entrepreneur: Building Dreams*, a top-rated Apple Podcast in the Business & Entrepreneurship category, where she interviews entrepreneurs, business leaders, and Underdogs building something of their own. She is also an award-winning author of the international bestselling memoir, *Kicking Karma's Ass* (December 2022).

A NJBiz 2026 ICON honoree, Pat is a sought-after speaker on entrepreneurship, women in construction, reputation building and resilience. She lives in New Jersey.

Learn more at patmiller.net or follow Pat on social media @thepatmiller11.

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