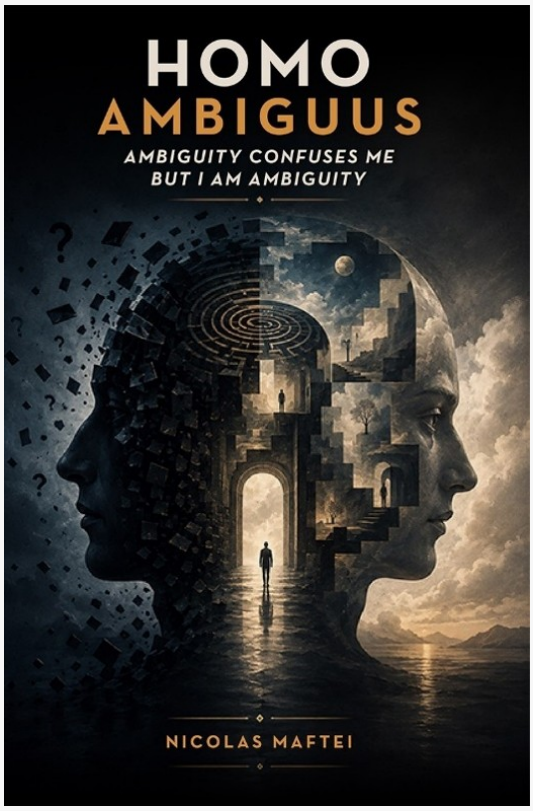
New Book Argues That Human Confusion Is Not a Flaw, But a Biological Necessity

In Homo Ambiguus, Nicolas Maftei uses the Russia-Ukraine war to examine why the human brain is wired for ambiguity, and why societies may need it.



Homo Ambiguus by Nicolas Maftei, published by ArchProteus Publishing. Available now in hardcover and paperback.

VANCOUVER, BRITISH COLUMBIA, CANADA, September 9, 2026 /EINPresswire.com/ -- ArchProteus Publishing announces the release of Homo Ambiguus — subtitled Ambiguity Confuses Me, But I Am Ambiguity — a philosophical essay by Nicolas Maftei, now available in hardcover and paperback.

The book opens with a deceptively simple observation: in the current geopolitical moment, it has become genuinely difficult to tell an ally from an adversary, or to know what ruling elites and the citizens they govern actually want from one another. Maftei takes the war in Ukraine as his case study, tracing how the same events are read differently by the media, by the people directing them, and by the historical narratives built around them afterward. What he finds is not simply propaganda or bias, but something more structural: a confusion of concepts that he argues is built into how humans think.

Rather than treating that confusion as a failure of reasoning to be corrected, Maftei proposes viewing it through what he calls an "energy prism." His central claim is that the brain does not evolve toward absolute truth; it evolves toward balance, stability, and the efficient conservation of its own metabolic energy. Ambiguity, in this reading, is not noise in the system; it is the system working as designed. A society's shared "mentality," his term for the infrastructure by which a group conceives, expresses, and passes down its ideas, depends on a socially tolerable level of ambiguity to hold together at all.

Homo Ambiguus builds its argument in deliberate contrast to thinkers who, in Maftei's view, diagnosed the problem of the age but offered no way out of it, from Nietzsche's retreat into the figure of the Übermensch to Lenin's construction of the "new communist man." Maftei positions

his own approach differently: not as ideology, but as observation. He writes in the preface that he set out "to travel the path in search of truth as an observer, carefully avoiding forming an opinion before reaching the end," a journey that convinced him truth itself does not exist in any final sense, only a workable way through the fog.

The book is aimed at readers of philosophy, geopolitics, and popular science who are looking for a framework, rather than another set of opinions, for making sense of a moment defined by conceptual confusion at every level of public life.



Nicolas Maftei, author of Homo Ambiguus.

About the Author

Nicolas Maftei describes himself as neither a writer nor a journalist. Born during the Second World War, he completed his studies in computer engineering in France before spending twenty-three years at IBM in France and Canada. He later founded his own IT consulting company, which took him to clients in nine countries across four continents. By his own account, an ordinary man, he set out in life to build a family and a career, and considers himself to have done so to his satisfaction. It was only at the far end of that path that he turned to writing, setting down what he had come to understand in his first book, Homo Ambiguus.

Availability

Homo Ambiguus is available now in hardcover and paperback.
Hardcover ISBN: 978-2-9825150-3-1
Paperback ISBN: 978-2-9825150-4-8
Available at: https://www.amazon.com/dp/2982515032
Homo Ambiguus is also available in a French-language edition.

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