

Mexican Public Hospitals Offer Intestinal Bipartition for Severe Obesity and Type 2 Diabetes

Mexican public hospitals now offer Intestinal Bipartition, an advanced, low-risk surgery targeting severe obesity and type 2 diabetes with 80%+ remission rates.

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-- In a major development for public healthcare in Mexico, public specialty hospitals are expanding access to Intestinal Transit Bipartition (ITB), an advanced, minimally invasive metabolic and bariatric procedure designed to treat severe obesity and type 2 diabetes.



This milestone reflects an ongoing effort across public institutions, such as the Mexican Institute for Social Security (IMSS), to incorporate cutting-edge neuroendocrine procedures into standard care. [Intestinal Bipartition](#) offers a highly effective, durable alternative to traditional bariatric techniques, significantly expanding options for high-risk patients served by the national public health network.



Integrating Intestinal Bipartition into our public health centers changes how we treat complex metabolic disease"

*Dr. Jacqueline Osuna,
Bariatric Surgeon at Mexico
Bariatric Center*

A Modern Approach to Metabolic Health

Intestinal Bipartition combines a standard sleeve gastrectomy with a secondary digestive pathway

connected directly to the lower small intestine (ileum). Unlike conventional Roux-en-Y gastric bypass procedures that completely reroute or isolate parts of the digestive tract, ITB operates via a dual-pathway system:

- Preserved Natural Digestion: Food continues through the standard upper digestive tract

(duodenum), ensuring normal absorption of critical vitamins, iron, and calcium while preserving future endoscopic access to the stomach and biliary system.

- Enhanced Hormonal Activation: Simultaneously, a portion of food takes a direct shortcut to the ileum, triggering an immediate surge in key gut hormones (such as GLP-1 and PYY). This neuroendocrine activation rapidly suppresses appetite, improves insulin sensitivity, and promotes sustainable weight loss.

"It delivers the metabolic power of complex bypass procedures while preserving natural gut anatomy and drastically reducing the risk of long-term nutritional deficiencies, making it a safer, highly effective solution for our patients," said [Dr. Jacqueline Osuna](#), Bariatric Surgeon at Mexico Bariatric Center.

Addressing Mexico's Public Health Priority

With obesity and type 2 diabetes remaining top public health challenges nationwide, expanding metabolic surgical programs in public hospitals aims to achieve long-term clinical remission while easing the burden of chronic disease management on the healthcare system.

Clinical studies on Intestinal Transit Bipartition demonstrate:

- Up to 85%–90% excess weight loss.
- Over 80% complete remission rates for type 2 diabetes mellitus.
- Significantly lower rates of chronic malnutrition, severe anemia, and vitamin malabsorption than older gastric bypass methods.

Public specialty hospitals are currently evaluating qualifying candidates for the procedure, prioritizing adults with severe obesity accompanied by uncontrolled type 2 diabetes, metabolic syndrome, or prior surgical weight regain.



Ron Elli Founder of Mexico Bariatric Center and Hospital Azar



Intestinal Bipartition (IB) Surgery in Tijuana, Mexico

Public Sector Integration & Industry Support from Mexico Bariatric Center

The adoption of Intestinal Transit Bipartition within Mexican public hospitals reflects broader advancements pioneered across the nation's specialized bariatric ecosystem. Organizations such as Mexico Bariatric Center® (MBC) at Hospital Azar® (HA), a leader in metabolic and [bariatric surgery](#) based in Tijuana, have played a key role in raising international and regional awareness of advanced metabolic procedures.

By standardizing surgical protocols, emphasizing board certification (such as CMCOEM compliance), and demonstrating high safety standards in procedures like Transit Bipartition, private center outcomes continue to inform and inspire wider adoption within public health networks. This public-private alignment ensures that both domestic public patients and international medical travelers gain broader access to modern metabolic treatments in Mexico.

About Hospital Azar in Tijuana, Mexico

Located in Tijuana, Mexico, Hospital Azar is a premier medical institution dedicated to advanced surgical interventions. Hospital Azar attracts international patients from around the globe, including the United States, Canada, New Zealand, and beyond, who seek top-tier healthcare at world-class standards.

The hospital offers comprehensive care across a wide range of specialties, including bariatric surgery, cosmetic procedures, orthopedics, regenerative stem cell therapy, and gynecology, with dental care services launching soon. Through continuous innovation and patient-centered protocols, Hospital Azar remains committed to elevating long-term health outcomes and quality of life for both domestic and international patients.

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