

Clarity Liao Explores Love, Jealousy and Loss on New Single 'Lose'

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EINPresswire.com/ -- Emerging singer-songwriter [Clarity Liao](#) steps fully into her solo era with new single '[Lose](#)', the focus single from her upcoming debut EP 'Dear...', a seven-song collection of intimate musical letters exploring love, jealousy, rejection, loneliness and the complicated process of finally letting go.

'Lose' is an upbeat pop track that captures the emotional chaos of fearing that someone you love is falling for somebody else.



Born from Clarity's heartache over a boy she deeply cared for, 'Lose' confronts the jealousy that emerged when another girl appeared to embody everything Clarity feared she wasn't. What begins as projection and comparison gradually becomes something more accepting, as Clarity faces the possibility that the relationship she desperately wants may never exist.

Moving between indie pop, R&B, bedroom pop, contemporary singer-songwriter influences and modern doo-wop, 'Lose' adopts its own musical personality while remaining connected by Clarity's candid storytelling.

Originally, she imagined the song as a sparse, Adele-inspired piano ballad, allowing its vulnerability to sit almost completely exposed. Once in the studio, however, the production took an unexpected turn. Upbeat drums and electric guitar transformed the track into something far more energetic, creating a playful contrast with lyrics filled with jealousy, insecurity and emotional turmoil.

"This song is one of my favorites," Clarity explains. "It shows my jealousy and madness in a fun upbeat way. At first I was doubting the upbeat drums and electric guitar, aiming for a soft

mellow vibe, but the more I stuck with the process, the more I understood what this letter was really trying to explain to the receiver.”

With ‘Lose’, Clarity explores its contradictions: the excitement of possibility, the obsession of wanting to be noticed, the jealousy of comparison, the loneliness of rejection and, eventually, the recognition that some feelings must simply be released.

Writing songs since the age of seven, Clarity later became principal songwriter for Navillera, penning material across the band's seven singles. Their 2024 debut ‘Too Young’ won the Yamaha National Best Popular Music Award, while another Clarity composition, ‘I Need You’, took first place in the YMS 2025 National Composers competition.

Now stepping forward under her own name, Clarity uses ‘Lose’ to establish an identity that refuses to remain within one genre. Drawing inspiration from artists including Adele, Bruno Mars, Regina Song and Olivia Rodrigo, she moves freely between different sounds according to the emotion each letter requires.

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