# Polar Brings Proactive Wellness Strategies to Strengthen Worker Safety, Performance at the National Safety Council

*Polar's wearable ecosystem introduces biometric data and science-backed insights to improve employee wellbeing, workplace safety*



Polar's industry-leading heart rate sensors and smartwatches can help inform corporate wellness strategies to improve workforce safety and performance using biometric telemetry and physiological data.

INDIANAPOLIS, IN, UNITED STATES, September 11, 2026 / EINPresswire.com/ -- Polar, the pioneer of wearable devices supporting health and performance, is bringing its ecosystem of wearable technology to the National Safety Council Congress & Expo (NSC) beginning September 11. Throughout the show, Polar will highlight how its industry-leading heart rate sensors and smartwatches can help inform corporate wellness strategies to improve workforce safety and performance using biometric telemetry and physiological data.

As employers continue to experience employee fatigue, burnout and retention challenges, wearable technology offers organizations more accurate insight into workforce health metrics such as heart rate variability, sleep quality and muscle recovery. In industrial and physically demanding environments, real-time physiological data can help safety leaders better identify and understand workforce trends, support healthier lifestyle behaviors and make more informed decisions to benefit their teams, leading to increased engagement, productivity and retention.

"Reliable data is the foundation of any effective modern safety and wellness program," said Michael Valentino, senior director of Workforce Wellbeing and Performance at Polar US. "Polar is helping organizations by bringing nearly 50 years of science-backed expertise to the commercial sector, giving safety and wellness leaders the tools to better understand health and recovery patterns and use those insights to build safer, more resilient workforces."

At NSC, Polar will showcase a flexible ecosystem of solutions designed to meet a range of workforce needs, including:

- Polar 360: A comprehensive data ecosystem designed to integrate seamlessly into corporate wellness and safety frameworks to empower organizations with actionable insights to protect their workforce in demanding environments.
- Polar H10 Heart Rate Sensor: The gold standard in ECG-grade chest strap heart rate monitoring, offering unrivaled accuracy for intense physical workloads.
- Polar Verity Sense: A versatile, comfortable optical heart rate monitor worn on the arm, ideal for workers who need reliable data without the constraints of a wrist-based device.
- POLAR Street X Smartwatch: Engineered for dynamic environments, delivering vital health metrics and connectivity for active professionals.
- Vantage M3 Smartwatch with Elixir™ Guidance: Featuring Polar's next-generation biosensing technology, Elixir™, which provides unparalleled insights into cardiovascular load, recovery, and daily readiness.
- Grit X2 Pro Smartwatch: Built with military-grade durability to withstand the toughest occupational conditions while tracking essential physiological data and exertion levels.

Polar devices are FSA/HSA-eligible, and all of its wearables devices integrate with the broader Polar ecosystem. Additionally, Polar devices are compatible with other smartwatches and hundreds of health and fitness programs and applications, including Strava, MyFitnessPal, Relive and TrainingPeaks, making them adaptable solutions for any corporate wellness or industrial safety program.

To learn more, visit Polar at Booth #5499 at the National Safety Council Congress & Expo or go to www.polar.com/en/business.

ABOUT POLAR

For nearly 50 years, Polar has worked to innovate wearable technology that supports health and performance, combining accurate biosensing, science-based insights and secure digital solutions to provide guidance that helps people achieve a happier and healthier life, from first-time users to professional athletes. Polar is renowned for an unparalleled dedication to science and a deep understanding of wellness and technology. Founded and headquartered in Europe, Polar is globally recognized as a trusted partner for anyone looking to discover their true potential. Our award-winning product range includes pioneering wearables that integrate with Polar apps and cloud services.

For more information, please visit polar.com.

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