Mexico Bariatric Center Surgeons Lead Training and Complex Surgeries During International Medical Exchange in China

Mexico Bariatric Center's Dr. Fredy López performs complex bariatric surgeries in China. Hospital Azar expands into stem cells, gynecology, orthopedics & GLP-1.


Dr. Fredy Lopez Performs High-BMI Complex Case

TIJUANA, BAJA CALIFORNIA, MEXICO, September 11, 2026 / EINPresswire.com/ -- Dr. Fredy López, bariatric surgeon at Mexico Bariatric Center® (MBC), recently completed an international surgical and educational mission at the Third People's Hospital of Chengdu in China. Collaborating alongside guest surgeon Dr. Christian Rodríguez, Dr. Fredy participated in surgical training and performed advanced bariatric operations, sharing clinical techniques with the hospital's doctors.

> It has been an incredible experience performing surgeries here and contributing to this international mission."
>
> *Dr. Fredy Lopez, Surgeon at Mexico Bariatric Center*

During the exchange, Dr. Fredy López took a prominent role in the operating room, demonstrating advanced laparoscopic approaches and surgical methods developed through his extensive experience in Mexico. His clinical leadership provided valuable insights to local medical staff, fostering cross-border knowledge sharing and elevating surgical standards.

Joining the mission, Dr. Christian Rodríguez delivered a master class on the SADI-S (Single Anastomosis Duodeno-Ileal Bypass with Sleeve Gastrectomy) procedure, instructing local surgeons on the technical nuances of this advanced bariatric operation.

"Navigating complex cases alongside international colleagues demonstrates how global collaboration elevates the standard of care for patients everywhere," said Dr. Fredy López.

In addition to hospital operations and clinical training, Dr. Fredy and Dr. Rodríguez conducted an official site visit to Ezisurg, a global manufacturer of specialized surgical instruments, including medical staplers and retrieval devices. Maintaining an established professional relationship with the company, the surgeons reviewed the manufacturing line to offer direct operator feedback aimed at refining equipment performance and patient safety worldwide.



Dr. Fredy Lopez with Third People's Hospital Surgeons


Dr. Christian Rodriguez Teaches Bariatric Surgeons in China

Hospital Azar Expands Healthcare Services

Following the successful conclusion of the surgical mission and clinical consultations in Chengdu, Dr. Fredy López is returning to Tijuana to perform operations at Hospital Azar®, a modern private hospital facility serving international and domestic patients.

While Hospital Azar established its foundation in specialized bariatric and cosmetic procedures, the facility is rapidly expanding its clinical scope to offer comprehensive healthcare services, including:

-Cosmetic & Post-Bariatric Plastic Surgery: Full-spectrum aesthetic and body-contouring procedures, including skin removal, tummy tucks, liposuction, and facial plastic surgery.

-Stem Cell & Regenerative Therapy: Cutting-edge treatments using donor Mesenchymal Stem Cells (MSCs) and exosomes to target systemic

inflammation, accelerate tissue repair, and optimize post-operative recovery.

-Orthopedics: Full orthopedic care, including arthroscopic knee and hip surgeries as well as joint replacements.

-Women's Health & Gynecology: Specialized surgical care featuring laparoscopic hysterectomies and advanced procedures for endometriosis.

-Dental: Advanced restorative, cosmetic, and general dentistry procedures designed to optimize oral health.

Through international clinical exchanges, expert surgical leadership, and continuous hospital expansion, Hospital Azar and Mexico Bariatric Center remain committed to setting high standards in global patient care.

About Mexico Bariatric Center

Mexico Bariatric Center® (MBC) is a medical tourism organization based in Tijuana, Mexico, providing surgical metabolic solutions. MBC works with board-certified bariatric surgeons specializing in gastric sleeve, gastric bypass, and complex revision procedures for patients worldwide.

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