

Lipedema Warrior Clinic Continues Monthly Webinar Series with 'Beyond Compression' Educational Event

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EINPresswire.com/ -- Physician led clinic brings women with diagnosed or suspected lipedema together for a free monthly educational series focused on understanding lipedema and the evolving conversation around care.

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We want women with lipedema to understand that care can go beyond compression and explore options that support their whole health.”

Dr. Liza Rodriguez

Lipedema Warrior Clinic is continuing its monthly educational webinar series with “Beyond Compression,” a free, 60 minute live event designed to provide women with diagnosed or suspected lipedema with accessible education and an opportunity to better understand the changing conversation surrounding the condition.

The webinar will be held September 22 at 5 p.m. Pacific, 6 p.m. Mountain, 7 p.m. Central and 8 p.m. Eastern.

Led by Lipedema Warrior Clinic, the [monthly webinar series](#) was created to make lipedema education more accessible while giving participants an opportunity to learn about topics that may not always be addressed during brief medical appointments or in general information about the condition.

Rather than focusing exclusively on one aspect of lipedema management, the series examines the condition from a broader, whole person perspective.

Moving the Lipedema Conversation Beyond Compression

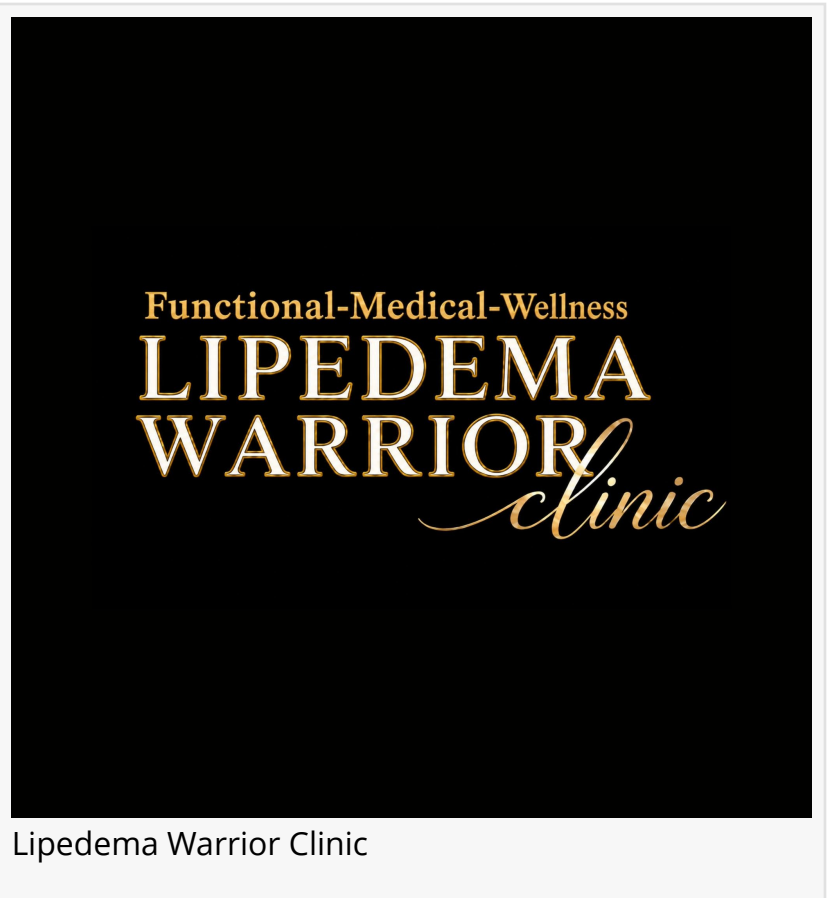
Compression garments remain a familiar part of the conversation surrounding lipedema, but Lipedema Warrior Clinic believes patient education should also help women better understand the broader factors that may influence their individual health and experience.

“Beyond Compression” reflects that approach.

The webinar will explore how the conversation surrounding [lipedema care](#) continues to evolve and why individualized, physician guided care can be important for people living with a complex chronic condition.

The event is educational in nature and is intended to help participants develop a stronger foundation for conversations with their own healthcare providers.

“We want women with lipedema to have access to credible information and a better understanding of the conversations happening around this condition,” said Dr. Liza Rodriguez of Lipedema Warrior Clinic. “Education can help patients ask better questions and participate more confidently in their own care.”



Creating More Opportunities for Lipedema Education

Lipedema remains a condition that many women spend years trying to understand.

For some, receiving a name for what they have been experiencing can be only the beginning. Questions may remain about symptoms, progression, daily management, related health concerns and how different aspects of their health may intersect.

Lipedema Warrior Clinic's monthly webinar series is intended to create a consistent educational resource where those conversations can continue.

Each event focuses on a particular aspect of living with or understanding lipedema, allowing participants to explore individual topics while also developing a broader understanding of the condition over time.

The live format also gives attendees an opportunity to hear information directly from healthcare professionals familiar with lipedema and the challenges patients commonly encounter.

A Whole Person Approach to Understanding Lipedema

Lipedema Warrior Clinic approaches lipedema as a complex condition that can exist alongside

other health concerns and affect patients differently.

The clinic's educational efforts reflect that complexity by encouraging women to look at their health as a whole rather than viewing every symptom or concern in isolation.

That philosophy is also behind the name "Beyond Compression."

The webinar is not intended to replace individualized medical care or provide personal medical advice. Instead, it provides general education that participants can use to better understand the subject and prepare for conversations with qualified healthcare professionals.

Connecting a Growing Lipedema Community

Online education has also made it possible for people affected by lipedema to connect with specialized information regardless of where they live.

Because the webinar is hosted virtually, women from across the country can participate without traveling to Lipedema Warrior Clinic's Oregon location.

The clinic hopes the monthly format will help create an ongoing educational resource for people who are newly exploring the possibility of lipedema as well as those who have already received a diagnosis and want to continue learning about the condition.

The September "Beyond Compression" webinar will take place live on September 22 and is open to women with diagnosed or suspected lipedema.

About Lipedema Warrior Clinic

Lipedema Warrior Clinic is a physician led clinic based in Beaverton, Oregon, focused on comprehensive care and education for women with lipedema and related health concerns, in person, and via [telehealth appointments](#).

Led by Dr. Liza Rodriguez, who has been board certified in Internal Medicine since 2004, the clinic takes a whole person approach to helping patients better understand their health while providing individualized, physician guided care.

In addition to clinical care, Lipedema Warrior Clinic provides educational resources designed to improve awareness and understanding of lipedema among patients and the broader community.

Learn more and reserve a spot for the free webinar:

<https://www.lipedemawarriorclinic.com/monthly-webinar>

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