

Bestselling Author Jeffrey M. Smith Unveils 'Quantum' System of Personal Development in New Book 'Claiming Your Magic'

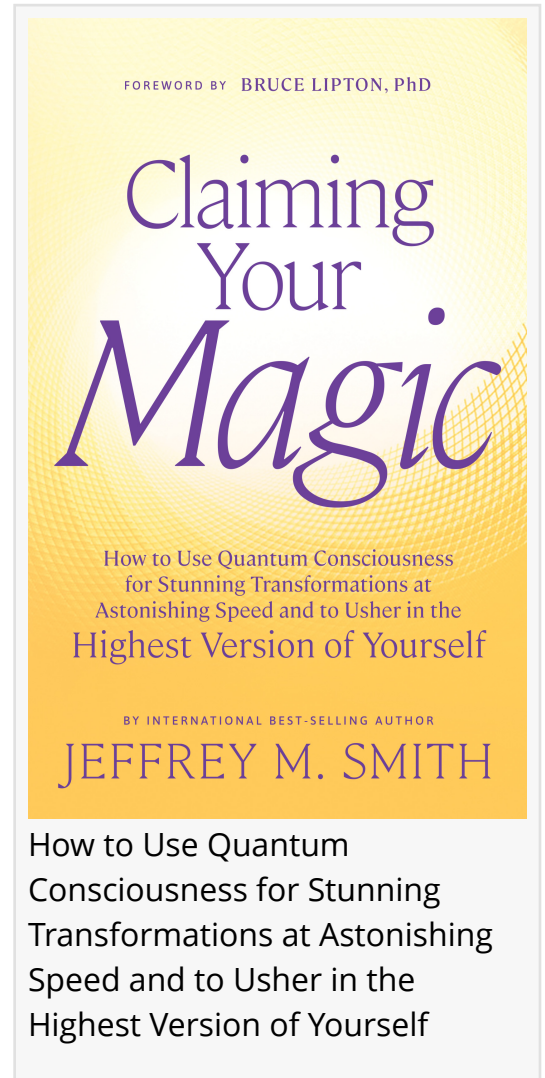
New book with a foreword by Bruce H. Lipton, PhD, presents a comprehensive system to rapidly accelerate personal development, and rewrite subconscious patterns.

SAN DIEGO, CA, CA, UNITED STATES, September 13, 2026 /EINPresswire.com/ -- Yes! Books announces [Claiming Your Magic](#): How to Use Quantum Consciousness for Stunning Transformations at Astonishing Speed and to Usher in the Highest Version of Yourself, a new book by international bestselling author, filmmaker, and speaker Jeffrey M. Smith.

For more than two decades, Smith has been a global figure in the debate on genetically engineered foods. He is the author of *Seeds of Deception* and *Genetic Roulette*, founder and executive director of the Institute for Responsible Technology, director of five documentaries, and is a recognized leading spokesperson who delivered 2,000 lectures and interviews in 43 countries and trained 1,500 speakers.

Claiming Your Magic represents a new direction for Smith's public work. In the book, he describes a parallel path he largely kept secret: For over half a century, Smith spent nearly 50,000 hours in meditation and gained unbroken access to an underlying field—the "quantum"—which he says is described by both ancient traditions and modern science. He also developed a form of subtle perception that allows him to see directly into structures and conditions within people's subtle body, subconscious, and higher consciousness levels.

Putting these together, he learned to apply the power of the quantum to repair or enhance what he sees in others, helping them achieve life-changing breakthroughs, clearer intuition, and greater joy. His system of Quantum Magic (TM) teaches others to do the same.



One of its key features, according to Smith, is its remarkable speed. “By engaging more expanded levels of consciousness,” he says, “people regularly achieve quick resolution of stubborn long-standing issues.”

Smith offers supporting evidence of this from preliminary experiments at a neurofeedback laboratory where subjects’ brainwaves shifted the moment Smith applied “quantum consciousness”—even from another room. Pre-and post-test analysis revealed substantial upgrades in brain functioning after just a few minutes. Smith plans to expand the scientific research, including measurements of people using the techniques.

More important, according to Smith, are the consistent reports of major personal transformations by the thousands of people he worked with during the years he was developing and refining his Quantum Magic System. Claiming Your Magic includes compelling examples of these and instructs readers in more than forty techniques they can do for themselves and others. It also includes chapter-by-chapter audio and video companion resources.

Advanced praise includes New York Times bestselling authors:

John Gray (Men are From Mars, Women are From Venus)

“The book provides an extraordinary set of techniques, indeed a new operating system that teaches readers how to engage a profoundly powerful level of their consciousness.”

Bruce Lipton, PhD (Beyond Darwin)

“His ability to alter our energy field is exactly what is necessary to enhance our health, behavior, and harmony in life.”

Marci Shimoff (Chicken Soup for the Woman’s Soul)

“This book is truly a gift of magic for the soul.”

The publication arrives at a time when self-development practices continue to attract broader audiences and there is increasing popular interest in the intersection of quantum physics and consciousness. Smith, who is not a scientist, acknowledges that his explanations of quantum physics are based on his study of expert interpretations and his own experience.

The book likewise states that it is intended to inform, inspire, and educate and is not a substitute for professional medical advice, diagnosis, or treatment. Readers are advised to consult qualified healthcare professionals regarding health concerns and to seek appropriate support for acute trauma or significant stress.

Smith's career has repeatedly combined communication, education, and large-scale public

engagement. His 2003 book *Seeds of Deception* helped establish him as a prominent voice in the public debate over the health impacts of genetically modified organisms (GMOs), leading to international speaking, media appearances, documentary work, and growth of the Institute for Responsible Technology. *Claiming Your Magic* turns that communication experience toward a different subject: an easy-to-learn technology that helps individuals access and apply a more powerful level of their own consciousness.

The book is published by Yes! Books and is cataloged in paperback, hardcover, eBook, and audiobook editions.

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