



Move It or Lose It Celebrates 10+ Years Serving Hendersonville and Greater Nashville

Family-owned moving company marks a decade of trusted, 5-star service across Hendersonville, Nashville, and Middle Tennessee.

HENDERSONVILLE, TN, UNITED STATES, September 12, 2026 /EINPresswire.com/ -- Move It or Lose It, a locally owned residential and commercial moving company, is celebrating more than 10 years of serving Hendersonville and the greater Nashville area. Founded in 2014, the company has grown from a small local operation into a trusted name across Middle Tennessee, having completed moves for more than 10,000 customers while maintaining a 5-star rating across 200+ reviews.

Move It or Lose It offers a full range of moving services, including local moves, long-distance relocations, commercial moving, packing and unpacking, labor-only assistance, and specialized piano moving. The company is fully licensed and insured, FMCSA SAFER certified, and operates under DOT# 3998791 and MC# 1502302.

Over the past decade, the company has built its reputation on transparent, upfront pricing, careful handling of belongings, and personalized service for every move, whether it's a small apartment relocation or a full household or office move. Its trained team serves Hendersonville, Nashville, Gallatin, Mt. Juliet, Franklin, Brentwood, Murfreesboro, Lebanon, Belle Meade, and Knoxville, along with long-distance moves across Tennessee and beyond.

"Reaching this milestone means everything to us," said Taylor, owner of Move It or Lose It. "We started this company with a simple goal: to treat every customer's belongings and every move like it was our own. A decade later, that same commitment to honesty, reliability, and hard work is what keeps our customers coming back and referring their friends and family."

As the Nashville area continues to see strong population growth, Move It or Lose It has expanded its team and service offerings to keep pace with rising demand, while maintaining the same hands-on, customer-first approach that has defined the company since day one.

Move It or Lose It continues to offer free, no-obligation quotes for residential and commercial moves throughout the greater Nashville region.

For more information or to request a free quote, visit <https://www.moveitorloseitmoves.com> or

call (615) 239-7917.

Taylor Bunch

Move It or Lose It

+1 615-239-7917

[email us here](#)

Visit us on social media:

[LinkedIn](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/941781144>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.