Dr. Lamia Gabal Brings Rare Dual Urology-Pelvic Medicine Certification to OC

Top Doctor for 17 consecutive years, Dr. Gabal is among a select group nationally certified in both Urology, Female Pelvic Medicine and Reconstructive Surgery.

TUSTIN, CA, UNITED STATES, September 14, 2026 /EINPresswire.com/ -- Prestige Medical Group (PMG), a urology practice serving Orange County from its Tustin and Santa Ana offices, is highlighting the advanced women's pelvic health services offered under Dr. Lamia Gabal, the practice's founder and medical director. Dr. Gabal holds board certification in Urology from the American Board of Urology, along with subspecialty certification in Female Pelvic Medicine and Reconstructive Surgery (FPMRS) — a distinction held by a relatively small number of physicians nationwide.

> Many women live with pelvic floor symptoms for years before realizing effective treatment is available, or that a specialist exists for exactly their concern."
> *Dr. Lamia Gabal, Founder and Medical Director, Prestige Medical Group*

FPMRS is a subspecialty focused on pelvic floor disorders, urinary incontinence, and other urologic conditions unique to women, including pelvic organ prolapse. Dr. Gabal, who graduated from the University of California San Diego School of Medicine and completed her General Surgery internship and Urology residency at UCSD Medical Center, has more than 25 years of clinical experience and has been recognized as a Top Doctor by the Orange County Medical Association for 17 consecutive years.

"Many women live with pelvic floor symptoms for years before they realize effective treatment is available, or that a specialist exists for exactly their concern," said Dr. Lamia Gabal, founder and medical director of Prestige Medical Group. "My FPMRS training means I can offer women a level of surgical and non-surgical treatment for these conditions that isn't available at a general urology practice."

At PMG, Dr. Gabal treats conditions including pelvic organ prolapse, urinary incontinence, and genitourinary syndrome of menopause, using a combination of surgical and non-surgical approaches. Her surgical expertise includes robotic-assisted procedures for pelvic prolapse, which are designed to offer women a minimally invasive alternative to traditional open surgery, with the goal of a shorter recovery and less post-operative discomfort.

Expanding Access to Specialized Care

Pelvic floor disorders affect a substantial share of women over their lifetime, yet the subspecialty training required to treat them comprehensively remains uncommon among practicing urologists. By maintaining her FPMRS certification alongside her general urology practice, Dr. Gabal is able to manage both straightforward and complex cases without referring patients elsewhere for pelvic floor-specific care.

Dr. Gabal also serves as Principal Investigator for multiple clinical trials spanning urology, female pelvic medicine, sexual health, and regenerative medicine, and serves on the Board of a physician advocacy organization representing small, independently owned medical practices.

In 2025, Prestige Medical Group expanded with the addition of Dr. Hari Sawkar, a board-certified urologic surgeon trained at Northwestern University and USC, further broadening the practice's surgical capacity. Together, Dr. Gabal and Dr. Sawkar now offer more than 20 surgical procedures spanning the full range of urologic care available at PMG.

About Prestige Medical Group

Prestige Medical Group is a urology practice founded and led by Dr. Lamia Gabal, with offices in Tustin and Santa Ana, California. Dr. Gabal is dual board-certified in Urology and Female Pelvic Medicine and Reconstructive Surgery, and has been recognized as a Top Doctor by the Orange County Medical Association for 17 consecutive years. Alongside Dr. Hari Sawkar, a board-certified urologic surgeon who joined the practice in 2025, PMG offers comprehensive urologic care for men and women, including treatment for pelvic floor disorders, urinary incontinence, kidney stones, prostate conditions, and other urologic concerns, delivered with an emphasis on personalized, evidence-based care.

Teresa Woodard
Prestige Medical Group
+1 949-387-0411
email us here
Visit us on social media:
LinkedIn
Instagram
Facebook
YouTube
TikTok
X

This press release can be viewed online at: https://www.einpresswire.com/article/942211279

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something

we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.
© 1995-2026 Newsmatics Inc. All Right Reserved.