

Integrative Recovery Therapies Launches St. Charles Parish Recovery Court

A new St. Charles Parish partnership with the 29th Judicial District Court builds on the practice's ongoing justice-involved recovery work

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EINPresswire.com/ -- Integrative Recovery Therapies (IRT), a New Orleans-area behavioral health provider specializing in addiction and mental health treatment, has launched a Recovery Court Program in partnership with the 29th Judicial District Court. The program serves St. Charles Parish residents participating in Recovery Court, commonly known as Drug Court.



Real recovery is built through consistent choices, support, and a path forward.

A New Recovery Court Partnership

“

The people who come through Recovery Court are still fighting for their lives. Our job is to give them real treatment, not a checklist.”

Jon Oelke, PsyD, Owner and Executive Director, IRT

IRT's Recovery Court Program combines substance use treatment, judicial accountability, and practical support for adults whose addiction has become connected to the justice system. The program follows a four-phase outpatient model that moves from intensive early treatment toward greater independence, incorporating individual therapy, group treatment, case coordination, and discharge planning. Participants also undergo frequent drug and alcohol testing.

“The people who come through Recovery Court are still fighting for their lives,” said Jon Oelke, PsyD, Owner and Executive Director of Integrative Recovery Therapies. “Our job is to give them real treatment, not a checklist.”

Building on an Established Program

The Recovery Court Program joins IRT's existing Drug Interruption Group (DIG), an ongoing program the practice runs in partnership with the Nelson Coleman Correctional Center. DIG follows its own three-phase structure and draws on Motivational Interviewing, Cognitive Behavioral Therapy, and Dialectical Behavior Therapy. Together, the two programs give IRT a wider reach in justice-involved behavioral health care, spanning incarceration through court-ordered outpatient recovery.

Individuals, families, attorneys, and referral sources can connect with Integrative Recovery Therapies at irtbh.com or by calling 504-229-2244.

About Integrative Recovery Therapies
Integrative Recovery Therapies (IRT) is a comprehensive behavioral health practice serving adults and families throughout the Greater New Orleans region and St. Charles Parish, Louisiana. The practice provides individual therapy, group therapy, family counseling, addiction treatment, re-entry counseling, and justice-involved programs including the Drug Interruption Group and the Recovery Court Program, delivered through a trauma-informed, whole-person treatment approach. IRT's main office is located at 3801 N Causeway Blvd. #301, Metairie, LA 70002. For more information, visit irtbh.com or call 504-229-2244.

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Recovery moves forward through connection, accountability, and people who believe in a better path.



Every step forward can be part of building a healthier, more independent future.

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