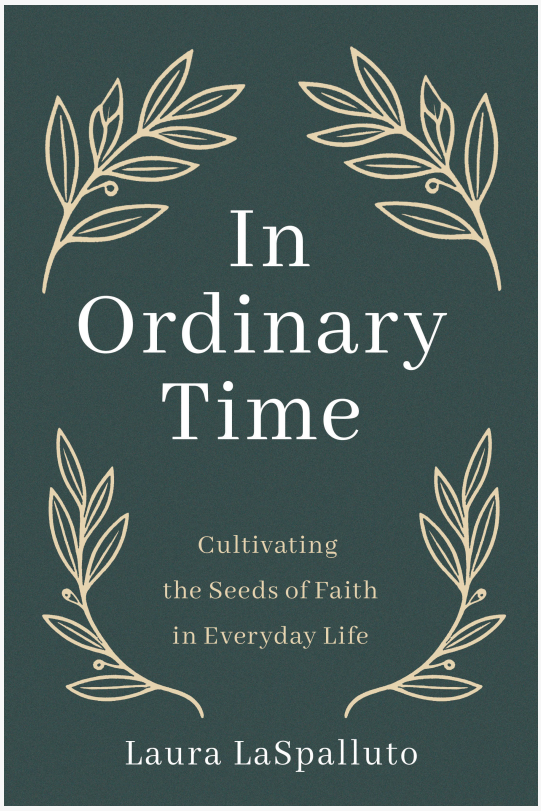
New Book In Ordinary Time Explores What Faith Looks Like Beyond Sunday Mornings

Drawing on 25 years of ministry, Laura LaSpalluto explores how faith in Jesus takes shape in the ordinary rhythms of everyday life.



In Ordinary Time by Laura LaSpalluto

STAMFORD, CT, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Author, teacher, and longtime ministry leader Laura LaSpalluto announces the release of In Ordinary Time: Cultivating the Seeds of Faith in Everyday Life, a new Christian nonfiction book exploring a question she has spent more than two decades asking: What difference does faith in Jesus actually make here and now?

Published by In Ordinary Time Press, the book moves faith beyond abstract theology and into familiar places—the kitchen, workplace, neighborhood, relationships, and inner life. Through reflections on experiences ranging from shared meals and crossword puzzles to knitting, LaSpalluto explores how ordinary moments can shape belief and spiritual formation.

“This book is the result of asking myself a simple but profound question: What difference does my faith in Jesus actually make here and now?” LaSpalluto said. “What does it look like to allow the Word into every corner of our everyday lives—to inform decisions, shape relationships, and confront fears?”

LaSpalluto brings 25 years of experience in preaching, teaching, and leading workshops and retreats to the book. Before entering Christian ministry, she worked in corporate communications, bringing another perspective to her exploration of faith, work, relationships, and the demands of everyday life.

In Ordinary Time is written for readers who wrestle with doubt, long for greater authenticity, or wonder how faith fits into modern life. Rather than focusing on extraordinary spiritual experiences or grand gestures, the book examines the ways faith can influence how people

work, love, serve, make decisions, face fears, and engage with the world around them.

For LaSpalluto, those ordinary spaces are precisely where faith becomes tangible.

“Faith is not confined to Sunday mornings,” LaSpalluto said. “It is woven into the fabric of our daily lives—in how we work, love, serve, and engage with the people around us.”


Laura LaSpalluto

In Ordinary Time: Cultivating the Seeds of Faith in Everyday Life is available through Amazon and other retailers in ebook ($3.99), paperback ($13.99), and hardcover ($19.99) editions. Additional information about the book and LaSpalluto’s work is available at InOrdinaryTime.com.

About Laura LaSpalluto:

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>
> *Laura LaSpalluto*

Laura LaSpalluto is a writer, photographer, teacher, and sometime preacher whose work explores what faith in Jesus looks like when it collides with “real life”—from the theology of crossword puzzles to the spiritual discipline of knitting. After a career in corporate communications, she entered Christian ministry, where she has led Bible studies, retreats, workshops, and missions programs. She lives in Connecticut with her husband, Bill, and writes at InOrdinaryTime.com.

About In Ordinary Time Press:
In Ordinary Time Press publishes Laura LaSpalluto’s work exploring Christian faith as it is experienced and practiced in the ordinary rhythms of everyday life.

For media interviews or press inquiries regarding In Ordinary Time, please contact Laura LaSpalluto at laura@inordinarytime.com.

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