

Avangart Clinic Issues Dental Implant Safety Guidance for Turkey

The new guide explains key health checks, care plans, and follow-up support for dental travelers.



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Avangart Clinic has released a safety guide

for people considering [dental implants in Turkey](#). The guide answers a common question: Is it safe to have dental implants in Turkey? It explains what patients should check before they book treatment or travel.

The guide asks patients to look beyond low prices and travel deals. After all, a quick online quote can never take the place of a proper, in-person dental exam.

Is It Safe to Have Dental Implants in Turkey?

Dental implants can be a safe choice for many adults. Yet they are not right for everyone. Safety depends on the dentist, clinic, patient's health, and care plan. Ultimately, a patient's safety depends far more on the standards of the individual clinic than on the country where the treatment takes place.

Before proceeding with implants, a dentist must carefully examine the gums, jawbone, and bite, while actively checking for any hidden infections. A comprehensive review of the patient's medical history and current medications is just as important.

This background check is crucial because habits like smoking, existing gum disease, or other underlying health conditions can significantly delay the healing process. To ensure the safest possible outcome, patients must provide a complete and honest picture of their health before any surgery begins.

Check the Dentist and Clinic Before Treatment

Patients should check the dentist's training and license before booking a trip. They should also make sure the clinic has permission to provide the planned care.

Patients should ask who will place the implants and fit the new teeth. In response, the clinic must clearly explain its sterilisation protocols for tools and treatment rooms, as well as its policy for handling any complications that arise after the patient returns home.

Patients should always ask for the specific implant brand, model, and the material used for the new tooth, ensuring all of these details are documented in their final medical records. The full cost must be completely transparent before any treatment begins, ensuring patients know exactly what their quote covers and which items might incur additional fees.

Assessment Before Implant Placement

Avangart Clinic reviews patient details before travel. Its public care process also includes dental images, an exam, and a treatment plan in Istanbul.

The dentist may use a panoramic X-ray or 3D scan based on the patient's needs. These images help the team evaluate the jawbone, check neighboring teeth, and safely locate sensitive areas like nerves and sinus cavities.

Any treatment plan made before travel is always subject to change following the in-person exam. Should the dentist discover unexpected issues such as poor bone density, gum disease, or an infection, the procedure may have to be delayed or completely revised. In certain situations, implants may turn out not to be suitable at all.

"People sometimes book a flight before they have even spoken to a dentist properly," said Dr. Emrah Yeşilyurt, founder and medical director of [Avangart Dental Clinic](#). "That is the wrong starting point. Before anything else, a patient needs to understand what the treatment actually involves, how long recovery takes, and what happens if the plan needs to change once the in-person exam takes place. A good dental team will always be honest about that, even if it is not what the patient was hoping to hear."

Implant Care and Cosmetic Care Have Different Goals

Dental implants replace missing teeth. Cosmetic care may improve tooth color, shape, spacing, or smile balance. Some patients may need both types of care.

A [hollywood smile makeover in Turkey](#) may include veneers, crowns, whitening, or gum shaping. The right plan depends on the patient's dental health and goals.

It is important for patients to understand which parts of their treatment are medically necessary and which are just for looks. Most importantly, the dentist should be completely transparent about any procedure that requires removing healthy tooth structure.

Plan for Healing and Care After the Trip

Implant care does not end after surgery. Patients should ask how many days they must stay in the country before it is safe to travel home. They should know what to eat, what to avoid, and which warning signs need quick care.

Before leaving, the clinic should provide patients with written aftercare instructions, medication details, and copies of all scans and implant records.

About Avangart Clinic

Avangart Oral and Dental Health Polyclinic is based in Şişli, Istanbul, Turkey. It offers implant, repair, and cosmetic dental care for local and overseas patients. It has approval to offer international health tourism services under Turkish Ministry of Health rules.

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