Chiro One Wellness Centers Welcomes Dr. Phillip Palmer to Wentzville, Missouri

Chiro One Wellness Centers welcomes Phillip Palmer, DC, to its Wentzville, Missouri clinic.

WENTZVILLE, MO, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Chiro One Wellness Centers is pleased to welcome Phillip Palmer, DC, to its Wentzville clinic, expanding access to experienced chiropractic care for patients in Wentzville and communities throughout Missouri.

Dr. Palmer earned his Doctor of Chiropractic degree from Logan College of Chiropractic and brings experience caring for patients with a variety of musculoskeletal concerns, including chronic pain and sports-related injuries. His clinical interests also include corporate wellness and ergonomics. He has specialized training in the McKenzie Method of Mechanical Diagnosis and Therapy, as well as myofascial release techniques.

At the center of Dr. Palmer's approach is a commitment to understanding each patient as an individual. He believes effective care begins with listening, understanding what may be limiting a person's movement or ability to participate in the activities they enjoy, and working together toward meaningful improvements in how they feel and function.

"I've always loved helping people, and seeing someone improve and get back to living more of the life they love is what drives me," said Dr. Palmer. "To me, wellness is being able to live a life that brings you joy. I love having the opportunity to help people work their way back toward that."

That philosophy aligns closely with Chiro One's approach to chiropractic care, which focuses not only on addressing pain, but also on helping patients improve mobility, function, and their ability to stay active.

Dr. Palmer grew up in rural Utah, where he says the close-knit community helped shape his appreciation for meaningful relationships. That same emphasis on connection carries into his patient care today. Patients often appreciate his sense of humor, along with the time and individual attention he gives them during their visits.

Dr. Palmer is now seeing patients at Chiro One Wellness Centers in Wentzville, Missouri. To learn more about Chiro One Wentzville or schedule an appointment with Dr. Phillip Palmer, visit the clinic page.

About Chiro One Wellness Centers
Chiro One Wellness Centers provides chiropractic care designed to help patients find relief from pain, improve mobility and function, and support their overall health and wellness. With locations across multiple states, Chiro One combines individualized care with patient education to help people better understand their bodies and take an active role in their health.

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