Chiro One Welcomes Dr. Karen Bisesi to Carmel, Indiana Chiropractic Team

Experienced chiropractor brings a whole-person, relationship-centered approach to helping Carmel patients move, feel and live well.

CARMEL, IN, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Chiro One Wellness Centers is pleased to welcome Dr. Karen Bisesi to its Carmel, Indiana clinic, expanding access to personalized chiropractic care for individuals seeking relief, improved function and support for their long-term wellness goals.

A graduate of National University of Health Sciences, Dr. Bisesi has clinical interests that include chronic pain, orthopedics, sports injuries, and corporate wellness and ergonomics. Her approach goes beyond addressing a patient's immediate concern to understanding the person behind it—their history, lifestyle and goals for their health.

“I want to know my patients—not just what's hurting when they walk through the door,” said Dr. Bisesi. “When you understand the whole person, you can better support where they are today and encourage them toward where they want to be.”

When other approaches hadn't provided the relief she was looking for, she visited a chiropractor who had witnessed the accident. Dr. Bisesi recalls experiencing improvement in her neck as well as childhood migraines she had dealt with—an experience that ultimately helped inspire her own career in chiropractic.

For Dr. Bisesi, wellness encompasses physical, mental and spiritual well-being. It's an outlook she brings into the relationships she builds with patients, encouraging them to take an active role in their health rather than viewing care as something that begins and ends with a single symptom.

Dr. Bisesi is now seeing patients at Chiro One in Carmel, Indiana. New and existing patients can learn more about the Carmel clinic and schedule an appointment at ChiroOne.com.

About Chiro One Wellness Centers
Chiro One Wellness Centers is a network of chiropractic clinics focused on providing personalized, evidence-based chiropractic care and wellness support. Chiro One helps patients better understand their health, improve their movement, and work toward their individual

wellness goals. Through personalized care, patient education, and individualized treatment plans, Chiro One is committed to helping patients live healthier, more active lives.

For more information about Chiro One Wellness Centers or to find a location, visit ChiroOne.com.

Helina Santana
Chiro One Wellness Centers
+1 800-613-0922
email us here
Visit us on social media:
LinkedIn
Instagram
Facebook
YouTube
X

This press release can be viewed online at: https://www.einpresswire.com/article/942514136

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.
© 1995-2026 Newsmatics Inc. All Right Reserved.