Chiro One Wellness Centers Welcomes Dr. Rebecca 'Becky' Schmitz to Hales Corners, Wisconsin

Dr. Schmitz brings a straightforward, patient-centered approach to care focused on helping people move, function, and continue doing the things they enjoy.

HALES CORNERS, WI, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Chiro One Wellness Centers is pleased to welcome Dr. Rebecca “Becky” Schmitz to its Hales Corners, Wisconsin, clinic, expanding local access to chiropractic care focused on helping patients improve their health and function and stay active in the activities and experiences that matter most to them.

Dr. Schmitz grew up in Richfield, Wisconsin, where life in a small town gave her an early appreciation for the warmth and connection of close-knit communities, and the important of looking out for the people around her.

Her interest in healthcare also began at a young age. When her brother’s teammate broke his wrist during a baseball game, Dr. Schmitz’s instinct was to run right onto the field and help. That early experience helped spark an interest in caring for others that would eventually lead her to a career in healthcare and chiropractic.

In the clinic, Dr. Schmitz is known for her straightforward approach. She believes patients should have a clear understanding of where they are, what they’re working toward, and how their care can support those goals. By communicating openly and honestly, she works to create an experience in which patients feel informed and involved in their care.

“I want patients to understand what we’re doing and why we’re doing it,” said Dr. Schmitz. “When people have a clear picture of their health and their goals, they can feel more confident taking an active role in their care.”

For Dr. Schmitz, wellness is ultimately about having the health and function to participate fully in life. She prioritizes her own well-being so she can spend meaningful time with friends and family, while bringing that same energy and focus to the patients she serves.

Now practicing at Chiro One in Hales Corners, Wisconsin, Dr. Schmitz looks forward to building relationships with patients and becoming part of the local community.

About Chiro One Wellness Centers
Chiro One Wellness Centers is dedicated to helping patients discover their full health potential through chiropractic care. With locations across multiple states, Chiro One provides individualized care designed to address pain, improve function, and support healthier, more active lives.

For more information about Chiro One Wellness Centers or to find a location, visit ChiroOne.com.

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