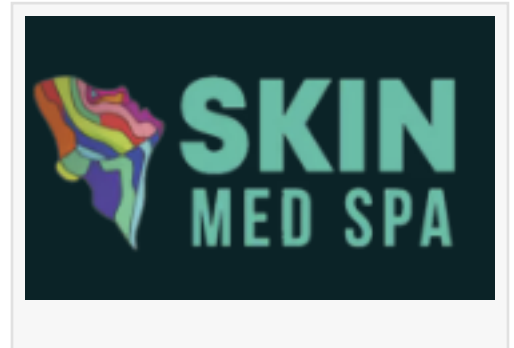


Skin Med Spa in Downers Grove Announces PDO Thread Lift Services for Non-Surgical Facial Contouring

Skin Med Spa provides PDO thread lifts in Downers Grove, serving Westmont, Hinsdale, Lisle, and Oak Brook with non-surgical facial contouring.



DOWNERS GROVE, IL, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Skin Med Spa, a medical aesthetics clinic based at 960 Warren Ave. in downtown Downers Grove, has updated its clinical treatment menu to provide Polydioxanone (PDO) thread lifts to patients throughout Downers Grove, Westmont, Hinsdale, and Oak Brook. Directed by board-certified nurse practitioners, the practice also offers this minimally invasive skin tightening treatment to residents visiting from nearby Lisle, Clarendon Hills, Woodridge, Naperville, and Darien.

Understanding the PDO Thread Lift Procedure

A PDO thread lift is a clinical treatment designed to elevate and support sagging tissue without the need for general anesthesia or surgical intervention. Polydioxanone is a biocompatible and naturally dissolvable polymer that has been used safely in cardiovascular surgery for decades. During the procedure, licensed medical providers insert these medical-grade threads directly beneath the surface of the skin.

The threads serve a dual clinical purpose. First, they provide immediate mechanical support to reposition tissue in areas such as the jawline, midface, neck, nasolabial folds, and brow. Second, the physical presence of the PDO material triggers the body's natural cellular healing response. Over the course of six to eight months, the threads safely metabolize and dissolve, leaving behind a newly synthesized matrix of the patient's own collagen. This ongoing collagen production helps maintain skin structure and firmness for 12 to 18 months, depending on baseline skin health and individual metabolic rates.

Accessible Medical Aesthetics for the Western Suburbs

Located just steps from the Main Street Metra station on the BNSF line, Skin Med Spa provides a centralized, accessible location for patients seeking clinical skin care. The clinic sits in the center of downtown Downers Grove, making it a direct commute for visitors coming along the I-355, I-88, and Route 34 (Ogden Avenue) corridors from Elmhurst, Glen Ellyn, and Lombard.

"We focus strictly on evidence-based treatments," stated Barbara Kowalczyk, FNP-BC, a board-certified family nurse practitioner at Skin Med Spa. "PDO threads offer our patients a structural option for skin laxity that bridges the gap between topical treatments and surgical facelifts. By mapping out honest options based on facial anatomy, we can achieve natural-looking tissue elevation and volume restoration in a standard office visit."

Integration with Comprehensive Treatment Plans

Because facial aging occurs across multiple tissue layers, PDO threads are frequently integrated into broader treatment protocols. At Skin Med Spa, providers can combine thread lifts with neurotoxins like Botox or Jeuveau to relax dynamic wrinkles, dermal fillers to restore deep volume loss, or laser skin resurfacing to improve surface texture and pigmentation. Every procedure begins with a thorough health history review and an individualized anatomical assessment.

About Skin Med Spa

Skin Med Spa is a medical aesthetics facility located at 960 Warren Ave., Downers Grove, IL 60515. The clinic is owned and operated by board-certified nurse practitioners and licensed specialists who provide clinical anti-aging treatments. The service menu encompasses cosmetic injectables, Lumenis laser skin resurfacing, intense pulsed light therapy, microneedling, medical-grade chemical peels, and targeted wellness care. The clinic operates Monday through Saturday, offering morning to evening availability and same-day consultation options to accommodate the schedules of [DuPage County residents](#).

For further information regarding PDO thread lift candidacy, procedural details, or to schedule an appointment, visit theskinmedspa.com or contact the clinic directly.

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