The Clinical Group and Mediplex Property Group Announce Strategic Alliance

Alliance advances The Clinical Group's healthcare real estate investment platform
By leveraging Mediplex Property Group's development expertise

HACKENSACK, NJ, UNITED STATES, September 16, 2026 /EINPresswire.com/ -- The Clinical Group and Mediplex Property Group today announced the formation of a strategic alliance, combining two firms whose principals have collaborated on healthcare real estate projects for more than a decade.

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>
> *Jonathan Marks, Founder, CEO and Managing Member of The Clinical Group.*

Under the alliance, Mediplex — with 18 years of healthcare real estate development experience since its founding in 2008 — will enhance the development capabilities of Clinical Capital Partners, which is The Clinical Group's development and investment arm. In addition, the alliance will support the launch of the Physicians Fund to fund projects alongside institutional partners through programmatic development, JV partnerships, and other capital vehicles. Jeffrey Goldstein, a Principal at Mediplex, will spearhead day-to-day development activities and project-level investment decisions for the combined CCP pipeline going forward.

The Clinical Group will, in turn, provide Mediplex with a deep bench of experienced professionals — healthcare operators who advise clients having grown MSOs, specialty practices, and health systems, alongside brokers who specialize in medical real estate with experience in single-site and multi-site transaction management and portfolio management — enhancing Mediplex's current property portfolio and serving as a pipeline for future assignment-driven development opportunities across the multiple geographic markets where The Clinical Group operates.

The firms will look to immediately capitalize on the alliance by jointly pursuing a series of assignment-driven development and sale-leaseback opportunities in the Pennsylvania and New Jersey markets. The alliance will be further complemented in these efforts with involvement from Hendrie Lane Capital who will join the team as an investor with additional institutional investors expressing interest as well, validating the model the firms intend to replicate across future projects.

“This alliance solidifies what has been a loose affiliation between our two firms for some time and cements our ability to become a leading, full-service healthcare real estate platform for our specialty physician practice and health system portfolio clients,” said Jonathan Marks, Founder, CEO and Managing Member of The Clinical Group. “I’ve worked with the Mediplex team for more than a decade on many successful projects, and I can’t think of another company better suited to meet the needs of our growing development services as part of a fully integrated healthcare real estate offering across the platform.”

Added Mr. Goldstein, “For 18 years, Mediplex has developed exceptional properties that have produced superior returns for our investors. The opportunity to enhance our offering with a team of The Clinical Group’s caliber means we can better meet the changing landscape of healthcare real estate delivery while continuing to exceed investor expectations. This alliance is a natural progression as we look toward our next chapter.”

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ABOUT MEDIPLEX PROPERTY GROUP (www.mediplexpropertygroup.com)
Mediplex is a relationship-based, assignment-driven real estate developer and investor serving physician practices, regional health systems, and national outpatient care providers. Since 2008, the firm has built a diverse portfolio of turnkey and build-to-suit healthcare projects through strategic acquisitions, adaptive reuse, and ground-up construction.

ABOUT THE CLINICAL GROUP (www.theclinicalgroup.com)
The Clinical Group is a medical real estate and clinical growth platform serving physicians, medical groups, hospitals, owners, developers, and investors. Through its platform of affiliated companies spanning advisory, real estate, project management, development, and investment, The Clinical Group provides practice advisory, tenant and landlord representation, portfolio solutions, and investment sales alongside development and investment capabilities across the clinical real estate lifecycle. Whether a client needs to lease, buy, sell, build out medical space, build a new facility, or invest, The Clinical Group is the leading platform for all stakeholders.

ABOUT HENDRIE LANE CAPITAL (https://hendrielane.com/)
Hendrie Lane Capital is a privately held real estate investment company founded in 1977 that invests in New York City, the Greater Tri-State Area, Massachusetts, Florida and other dynamic markets in the Southeastern United States. Hendrie Lane Capital centers its investment thesis around the increasing disaggregation of talent brought about through the advancement in technology and demographic trends. This means investing in major metropolitan areas and mid-market cities that attract the best and brightest. We focus our efforts on markets in the United States that are growing due to the expansion of technology, healthcare, life sciences, infrastructure, and defense contracting.

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