Herman Aesthetiques Now Offers Medical Weight Loss and Metabolic Medicine

Leading cosmetic surgery and medispa now complements its offerings with weight loss and metabolic medicine



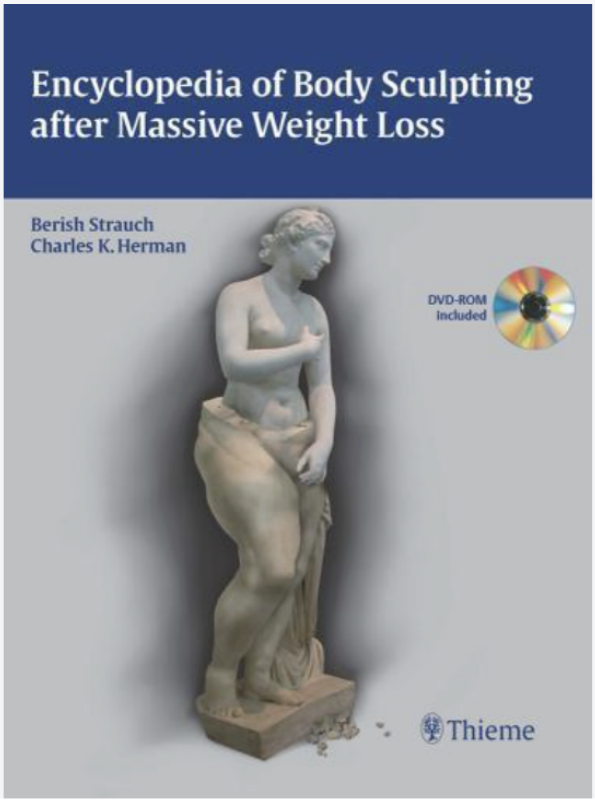
Herman Aesthetiques

PHILADELPHIA, PA, UNITED STATES, September 21, 2026 / EINPresswire.com/ -- Philadelphia Area cosmetic surgery center and medispa Herman Aesthetiques is happy to announce that it is now adding weight management and metabolic medicine to its offered services. Led by the highly regarded plastic surgeon Charles K. Herman, M.D., Herman Aesthetiques has locations in the Philadelphia suburbs in Blue Bell, PA, and in Scranton, PA, in partnership with LMG Cosmetics. Services currently offered by Herman Aesthetiques include cosmetic surgeries such facelift surgery, necklift surgery, blepharoplasty, breast augmentation, breast lift and reduction, abdominoplasty, and liposuction, as well as minimally invasive procedures such as fillers and neuromodulators for wrinkles, chemical peels, and the Obagi line of medical-grade skin care products.

Herman Aesthetiques will now add weight management, comprehensive metabolic work ups including hormone levels and replacement, and treatment of inflammatory disorders of the skin including acne. In recent years, advances in weight loss have transformed the treatment of obesity and related metabolic disorders. Herman Aesthetiques' providers have several years of experience in weight loss and treatment of metabolic disorders including at leading local hospital and clinics.

Dr. Herman is a published expert in treating patients after weight loss. He is the editor of the one of the first textbooks in the field, Encyclopedia of Body Sculpting After Massive Weight Loss (Thieme Publishers, 2011), which is in many libraries and medical schools around the world and

won a book award from the prestigious British Medical Association. Dr. Herman has lectured around the world on the subject of plastic surgery after weight loss, including weight loss from medications, gastric bypass, gastric sleeve and gastric banding. His textbooks have been translated into multiple languages including Spanish and Chinese. After publication of his body contouring textbook, he was on the faculty of medical society meetings in the US, Mexico, and Guatemala, lecturing on his techniques dedicated to facelifts (rhytidectomy), arm lifts (brachioplasty), tummy tucks (abdominoplasty) and lower body lifts. He is the Director of Cosmetic Surgery at Temple University Health System and performs surgery at Temple Health-Chestnut Hill Hospital, located just North of Philadelphia. Surgery after weight loss has many unique considerations as these patients often have both cosmetic and functional issues, including rashes and skin infections, and excessive ptotic skin that requires personalized techniques to achieve the optimal result.



Encyclopedia of Body Contouring

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