One Hour Heating & Air Conditioning of West Valley Points Phoenix Homeowners to the Narrow Window Between Seasons

Monsoon season closes September 30. For a few weeks after that, cooling demand falls before heating demand starts

PHOENIX, AZ, UNITED STATES, September 21, 2026 /EINPresswire.com/ -- One Hour Heating & Air Conditioning of West Valley is encouraging Phoenix-area homeowners to schedule system service in the coming weeks, as Arizona's monsoon season closes on September 30 and the Valley enters the short shoulder period between cooling and heating demand.

The point is about timing rather than weather. For most of the year, HVAC scheduling in the Valley is driven by emergencies: in summer a failure is a same-day crisis, and in the coldest weeks heating calls stack up. Between those two, for a matter of weeks, neither is true.

What the last four months did to the system

Monsoon is hard on cooling equipment in ways that are not obvious until later.

Arizona's monsoon is a seasonal wind shift, from the dry westerly flow that dominates most of the year to moist southerly winds, and it brings lightning, hail, strong winds, and dust storms. The haboob is the extreme form, a wall of dust created as air flows downward and outward from a collapsing thunderstorm.

What lingers is the fine dust. It loads filters faster than at any other point in the year and settles on both coils, where it restricts airflow, extends run times, and strains the compressor. A system that survived the season is not necessarily one that came through it clean.

Humidity added a second load. The legacy criterion the National Weather Service used to declare monsoon onset in Phoenix was three or more consecutive days averaging a dew point of 55 degrees or higher. That is unremarkable in most of the country and a real change in the desert, where a cooling system spends most of the year handling almost pure sensible load and very little moisture removal.

Equipment also got less recovery time than it once did. Research from Arizona State University finds Phoenix summer nighttime temperatures rising roughly 0.6 degrees per decade, faster

than the daytime rate of about 0.4 degrees, driven by the urban heat island as built surfaces release stored heat overnight.

An inspection now catches what that combination left behind, while the system is idle and nobody is waiting in 110-degree heat.

The side of the system nobody in Phoenix thinks about

The other reason to book in this window is heating.

A Valley heating system sits unused for the better part of the year, collecting the same dust everything else collected during monsoon. The first genuinely cold morning is when homeowners discover it will not start, and it tends to be the same morning everyone else discovers the same thing.

Phoenix winters are mild, which is precisely why the heating side goes unexamined for years at a stretch. Homeowners with heat pumps have a further reason to look, since the same outdoor unit that just worked through the summer carries the heating season as well.

What to check now

The company suggests replacing the filter if it has not been changed since the dust storms, clearing vegetation and blown debris from the outdoor unit, and noting anything that changed over the summer: longer run times, supply air that felt less cold than in June, a breaker that tripped after a storm, or new noise from the outdoor unit.

Standard guidance is two maintenance visits a year, one before cooling season and one before heating season. The weeks after monsoon ends cover the second, with the first cold mornings still far enough out to schedule around.

One Hour Heating & Air Conditioning of West Valley answers calls 24 hours a day at (623) 688-5544.

About One Hour Heating & Air Conditioning of West Valley

One Hour Heating & Air Conditioning of West Valley provides residential heating, cooling, and indoor air quality services across the Phoenix metropolitan area, including Phoenix, Avondale, Goodyear, Litchfield Park, Buckeye, Tolleson, Laveen, Ahwatukee, Glendale, Peoria, Surprise, Sun City, and El Mirage. Services include air conditioning repair, installation, and maintenance, heating and furnace service, heat pumps, ductless split systems, ductwork installation, repair, sealing, and cleaning, thermostats, humidifiers and dehumidifiers, and 24-hour emergency HVAC service. The location holds a 5.0-star Google rating across more than 500 reviews, offers StraightForward Pricing with costs confirmed before work begins, guarantees materials, labor,

and craftsmanship for up to two years, and backs its Always On Time Or You Don't Pay A Dime appointment guarantee. Financing is available.

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