THE MYSTICS Bring Their Transformative Spiritual Experience to Sedona for a 3-Day Immersive Retreat

The renowned collective of healers and spiritual teachers invites guests to move beyond traditional New Year's resolutions to create lasting energetic shifts



Mystics Sedona Retreat

LOS ANGELES, CA, UNITED STATES, September 21, 2026 /EINPresswire.com/ -- The Mystics Experience invites guests to begin 2027 with three transformative days in Sedona.

Master channeler, psychic medium, and shaman Riz Mirza; intuitive empath, spiritual guide, and sanctuary creator Oriah Mirza; and astrologer Erika Merriweather will come together January 8-10, 2027, for The Mystics Experience: Sedona. Three days of healing, spiritual connection, and personal transformation set amongst Sedona's iconic red rocks.

This weekend retreat is more than an escape from everyday life--it's a threshold. A sacred pause for those who have carried too much for too long, who feel disconnected from themselves, or who know the life they have been living no longer fits. It's a place to lay down what has become too heavy, hear the quiet voice beneath the noise and meet the part of yourself that is ready to awaken.

Guests will be immersed in live trance channeling, psychic insight, empathic teachings, astrology, sacred ceremony, sound healing, breath work, movement, and meaningful community connection. Through these experiences, participants will be guided to release what has become too heavy, reconnect with their inner knowing, and create a more conscious foundation for the year ahead.

The weekend will also feature a special livestream of the trending YouTube show Mystics: Unscripted, bringing Riz, Oriah and Erika together for psychic readings, astrological insight, audience questions and spontaneous conversations inspired by the energy in the room. The unscripted format allows guests to experience the unexpected connections, revelations and

moments of clarity that unfold when intuition, Spirit, and community meet. There will also be space for joy, celebration and human connection including music and a dance party that brings guests out of their minds, into their bodies, and fully into the energy of the weekend.

“Many people reach a crossroads knowing that something in their lives has to change but they can’t always distinguish the voice of fear and old conditioning from the deeper more authentic voice of the soul. At this retreat, we’re going way beneath surface level change,” says Riz Mirza. “Through live wisdom channeling and shamanic work, I’ll help our guests clear what’s holding them to the past, hear the voice of their soul and reconnect and reset so they can move forward with greater clarity and personal power.”

“Sensitive people often absorb the emotions and expectations of those around them until they lose touch with their own needs, safe boundaries, and inner voice. My role is to create the safety people need to soften without losing themselves,” says Oriah Mirza. “We’ll work with energetic boundaries, emotional awareness and self-trust so our guests can release what they have absorbed from others and experience their sensitivity as a source of wisdom and strength rather than a burden.”

“Periods of change can feel confusing when people cannot see the larger cycles influencing their choices, relationships, and direction. Astrology gives context to the seasons of life that can feel uncertain or overwhelming,” says Erika Merriweather. “By exploring the specific cosmic patterns shaping 2027, I’ll help our guests understand what cycles are completing, where new possibilities are opening and how to make choices that are more aligned with the timing of their lives.”

As opposed to beginning 2027 with another list of resolutions, THE MYSTICS EXPERIENCE: SEDONA invites participants to consciously decide how they want to enter the year—and to give themselves the sacred space to reconnect with what truly matters.

It’s an opportunity to experience more of who they already are, connect with Spirit directly, and create an energetic foundation for the year ahead.

Registration is now open and space is limited
Register at https://www.rizmirza.com/themysticsexperience

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