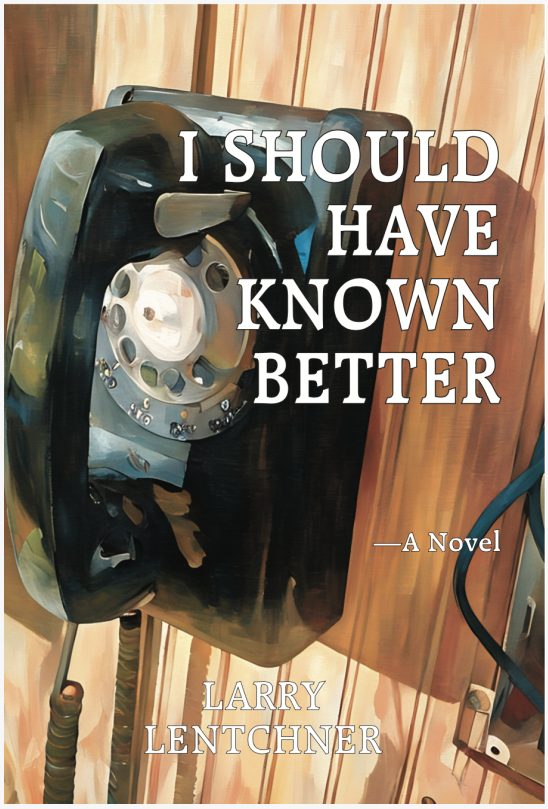
'I Should've Known Better: A Novel' by Larry Lentchner Slated for October Release

"I Should've Known Better" will be released on October 6, 2026



"I Should've Known Better: A Novel" by Larry Lentchner

TAMPA, FL, UNITED STATES, September 22, 2026 /EINPresswire.com/ -- I Should've Known Better: A Novel by Larry Lentchner will be released in October. Published by Absolutely Amazing Books, I Should've Known Better will be available wherever fine books are sold in trade paper (ISBN: 978-1590190265, 342 pages, $29.95) and eBook ($8.99) editions on October 6, 2026.

Larry Lentchner delivers a confident and captivating read in his latest novel, I Should've Know Better. I Should've Known Better introduces protagonist Phil Green, a neurotic, functionally dysfunctional everyman who stumbles, bumbles, fumbles—and obsessively overthinks—his way through life.

About I Should've Known Better: I Should've Known Better invites readers into Phil Green's textured, tumultuous, often tentative journey: from his fevered youth in the Sixties to intoxicating affairs, from ambitious failures to quiet domestic triumphs. Dogged mercilessly by his relentless internal inquisitor at every twist and turn, Phil navigates crises—both real and imagined—revisits loves gone wrong, and recounts his trials, tribulations, and triumphs with a healthy dose of humor, self-flagellation, and candor.

In this phenomenal first-person fictionalized memoir, Phil soldiers through fifty years of romance, alcoholism, two marriages, fatherhood, chancy career moves and cancer. As he grapples with life, death, divorce, and ever-present doubt, Phil shrewdly and candidly details his highs, lows, and in-betweens. Ever desirous of doing the next right thing, even while his confidence about what is right is torturously elusive. Phil traverses a path fraught with successes and failures, ghosts from the past and a healthy dose of rumination about the future.

A novel that is at once witty, tragic, triumphant, and philosophical, I Should've Known Better is a story of survival—even as Phil doubts himself at every turn. Moreover, I Should've Known Better examines the choices that feel inevitable until they aren't; what we learn only after loss; and the surprising forms love takes across decades.

Novelist Larry Lenchtner delves deeply into the human psyche to craft a character who is at times maddening, alternately endearing and exasperating, but utterly, unquestionably human. In this compassionate, brilliantly rendered tale, Lentchner has developed a richly-drawn protagonist we can root for. Meticulously crafted, peppered with wry humor, and brimming with hard-won wisdom that belies fiction, I Should've Known Better is raw, deeply resonant and real. Engaging, eminently readable, and entirely relatable, I Should've Known Better is an exceptional story exceptionally well told. Readers will find solace in Phil's confessions, courage in his perseverance, familiarity in his foibles, and an overarching sense of not being alone.

A book that gently reminds us that life exists on a continuum—there is love and loss, life and death, joy and sorrow—I Should've Known Better highlights how seemingly incongruous things, such as inner fiction and repressed truth, a desire to succeed and ambivalence about success, fear and perseverance, and regret and acceptance, can, and do, coexist. Lentchner offers a companionable guide destined to resonate with readers who are mourning a past relationship, navigating middle age, or simply longing for honest storytelling. A book that turns regret into reflection, I Should've Known Better shows how life, messy and imperfect, can still be meaningful.

About the author: Larry Lenchtner is a practicing psychologist, well acquainted with obsessional traits. He is the author of three published novels, Wonderland, Sexual Survivors, and The Reluctant Guru of Alphabet City. Lentchner's professional life includes his beginnings in the New York therapeutic community moment of the late 60's and 70's, which was dedicated to the rehabilitation of addiction and chronic criminalism. He later moved to New Jersey where he began a private psychotherapy practice which he still maintains. Larry Lentchner divides his time between Florida and New Jersey.

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maryglenn warnock
Maryglenn M. Warnock
email us here

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