InventionHome® Inventor Spotlight: Shakra Alinement Meditation System (SAMS)

AURORA, CO, UNITED STATES, September 21, 2026 /EINPresswire.com/ -- For Stephen F. of Aurora, CO, personal meditation experience became the inspiration for a system designed to help others develop a deeper connection with their meditation practice. His invention, the Shakra Alignment Meditation System (SAMS), is a lightweight meditation mat designed to help users identify and focus on the areas traditionally associated with the body's primary chakras. The mat incorporates illuminated zones along the body, along with optional vibration and warming features, to provide users with visual and tactile cues during meditation.

The idea for SAMS developed during Stephen's own morning meditation practice, when he was having difficulty mentally locating certain chakras and maintaining his focus. Reflecting on the experience, he realized that other people might encounter similar challenges.

"I thought to myself, I can't be the only one with this problem," he recalls. That realization led him to develop an initial concept using lights positioned along a mat to correspond with the general locations of the chakras, eventually adding the possibility of gentle heat and timed vibration as optional features.

SAMS is designed for both beginners and experienced meditation practitioners who want additional guidance during their sessions. Stephen envisions the system being used during individual meditation, yoga sessions, guided group classes, massage therapy, physical therapy, and other activities where maintaining a mind-body connection is important. Its integrated sensory features are intended to provide users with an additional way to remain focused on each area of the body throughout their meditation journey.

For Stephen, SAMS has also become part of his own daily routine. Despite working two jobs, he continues to use the system as part of his everyday meditation practice and describes the experience as having a lasting influence on his awareness throughout the day. He views the development of SAMS as both a personal accomplishment and an opportunity to share something that has become meaningful in his own life with others seeking a more focused and intentional meditation experience.

Companies interested in the Shakra Alinement Meditation System can contact InventionHome at member@inventionhome.com. Inventors currently looking for assistance in patenting, marketing, or licensing their invention can request information from InventionHome at

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