

This Is My Story.... Who Can I Tell? Turns a painful beginning into a story of survival, memory, and a life reclaimed

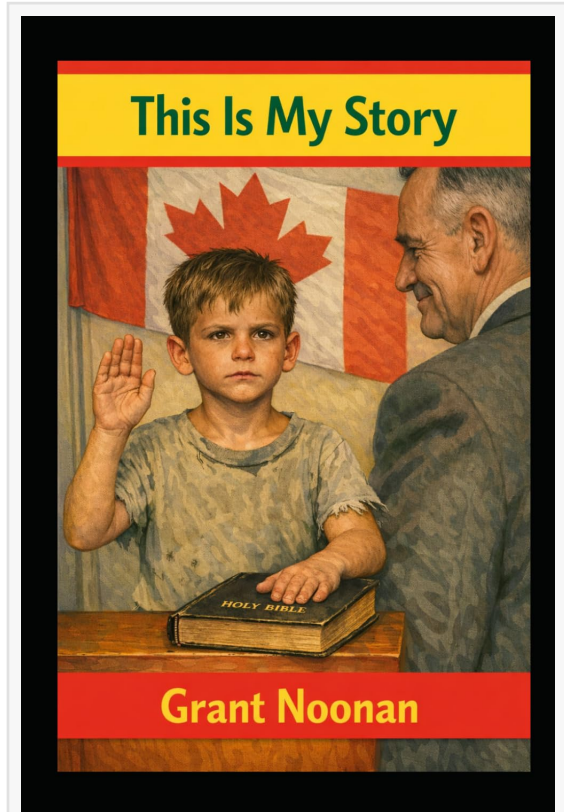
Noonan records a deeply personal journey for future generations, confronting childhood hardship while reflecting on survival, purpose, and a meaningful life.

NEW YORK CITY, NY, UNITED STATES, September 22, 2026 /EINPresswire.com/ -- Noonan records a deeply personal journey for future generations, confronting childhood hardship while reflecting on survival, purpose, and a meaningful life. Noonan transforms personal memory into a lasting record for future generations in *This is my story.... Who can I tell?*, a memoir shaped by childhood hardship, survival, and the determination to build a meaningful and productive life. The decision to document those experiences came after suffering a stroke, when preserving memories of where life had taken the author and what had been endured became especially important. Written with grandchildren and their descendants in mind, the book reaches beyond family history to consider what it means to survive circumstances a child never chose.

Among the most difficult memories in *This is my story....*

Who can I tell? are experiences from life in a children's home, an environment where vulnerability and uncertainty became part of childhood. Noonan recalls the death of a young boy known as Pumpkin, who, according to the author's account, suffered a fatal injury after being knocked from a potty and falling near a wall. Noonan remembers believing the circumstances were covered up, leaving a frightening realization: something terrible could happen to Noonan or a younger brother, with no clear understanding of who could be trusted or told.

That childhood question eventually gave *This is my story.... Who can I tell?* its title and emotional center. The memoir reflects on what happens when children face circumstances beyond their control and lack the security or power to change them.



THIS IS MY STORY...WHO CAN I
TELL? by Grant Adlore Noonan

Noonan compares life to a game of pool, where the position left after one stroke determines the possibilities for the next. Some people, the memoir suggests, never receive the advantage of starting on the right foot. What matters is how they respond to the difficult position in which life has placed them and what they build from there.

While *This is my story.... Who can I tell?* confronts painful memories, its larger story is one of endurance rather than defeat. The book follows a life from a troubled beginning through hardship and survival toward an outcome defined by meaning and productivity. Its reflections may resonate with readers who experienced difficult childhoods, institutional care, family instability, or circumstances that forced them to become resilient early in life. It also speaks to families interested in preserving personal histories before important experiences, lessons, and memories disappear with the generations that lived them.

Noonan wrote *This is my story.... Who can I tell?* as a record of a life that began under difficult circumstances but was not ultimately defined by them. Following a stroke, the act of remembering became an opportunity to leave descendants something more enduring than a collection of dates or even events: an account of where their family came from, what was survived, and what became possible afterward. Through memories of hardship, fear, perseverance, and eventual purpose, the memoir preserves a personal testimony about moving beyond a bad beginning and creating a meaningful life.

The book is available at:
<http://a.co/d/0eWSrmQ9>

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