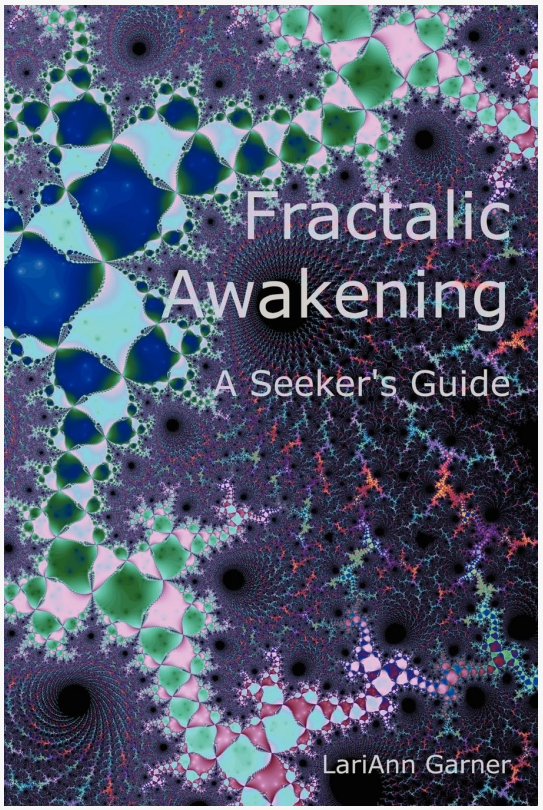
Fractalic Awakening - A Seeker's Guide Connects Consciousness, Spirituality, and Fractal Geometry

LariAnn Garner presents a wide-ranging model of consciousness, human experience, and spiritual development through the patterns and principles of fractals.



Fractalic Awakening - A Seeker's Guide by LariAnn Garner

NEW YORK CITY, NY, UNITED STATES, September 22, 2026 /EINPresswire.com/ -- Author LariAnn Garner brings mathematics-inspired concepts into an ambitious exploration of consciousness and spiritual development in Fractalic Awakening - A Seeker's Guide. Using fractal geometry as its central framework, the book proposes a way of thinking about awareness, lived experience, and the physical universe as interconnected expressions of repeating patterns. Garner moves beyond presenting spiritual concepts solely as matters of belief, instead constructing a model intended to help seekers examine how consciousness, existence, and individual experience might relate to one another.

At the center of Fractalic Awakening - A Seeker's Guide is the concept of a universal panfractalic, which Garner uses to describe the physical universe and its emergence from what the book identifies as the universal consciousness field. From that broad cosmological premise, the discussion turns inward, exploring the idea that individuals continually participate in shaping life experience through consciousness. The book connects large questions about the structure of existence with personal questions about perception and awareness, inviting readers to consider whether patterns observed at one level of reality can provide a framework for understanding another.

Garner develops these ideas through explanations and illustrations intended to make her unconventional model more accessible. One example is a mountainous planetary scene created with fractal-rendering software rather than artificial intelligence. Although the image resembles a photograph of a real landscape, it is a mathematical construct generated through fractal formulae. The ability of these formulas to produce realistic terrain, and even the appearance of

an entire planet, helps illustrate the book's description of the universe as a panfractalic structure.

The book also examines the human energetic system, the structure of the time-space universe, and concepts extending beyond conventional physical experience, placing these subjects within a unified framework for spiritual inquiry. The book is designed particularly for readers interested in consciousness, metaphysics, spiritual practice, self-development, enlightenment, and alternative models of reality. Garner's framework is not limited to abstract speculation but is presented with an emphasis on what the proposed understanding could mean within everyday life experience.

By connecting the larger model to individual development, the guide encourages readers to consider how increased awareness might influence the way they understand themselves, interpret their experiences, and approach their own spiritual path.

LariAnn Garner uses Fractalic Awakening - A Seeker's Guide to offer seekers a distinctive lens through which to examine some of humanity's most enduring questions about consciousness and existence. Its fractal framework reaches from the individual energetic system to the structure of the universe and the concept of an infinite universal consciousness field, while maintaining a focus on personal awareness. Through its combination of conceptual explanation, visual illustration, and spiritual inquiry, the book invites readers to reconsider familiar assumptions about reality and explore a model in which consciousness, experience, and the larger patterns of existence may be deeply interconnected.

The book is available at:
https://a.co/d/06GToGgj

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