

Vanessa Mills Contributes to New Everyday Woman Publishing Anthology

STW Life CEO is among 26 authors in BadAss and Beautiful, released September 18.

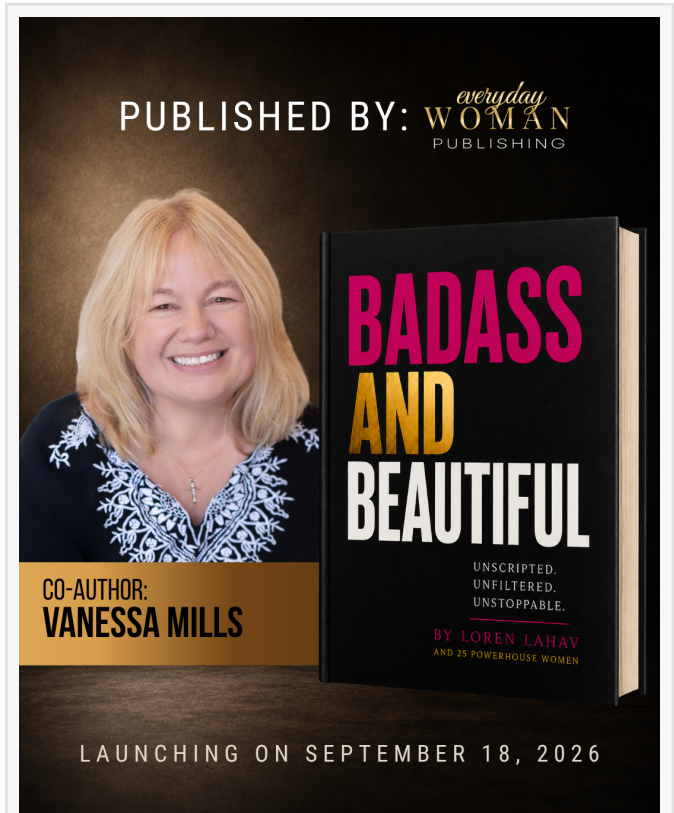
APPLETON, WI, UNITED STATES, September 22, 2026 /EINPresswire.com/ -- Vanessa Mills' professional life has moved through corporate technology, entrepreneurship, real-estate investing, financial education, and wellness leadership. This month, that path has taken a collaborative turn in publishing: Mills is a contributing author to *BadAss and Beautiful*, an anthology released September 18 by Everyday Woman Publishing.

The book is credited to Loren Lahav and 25 Powerhouse Women. Mills joins the collection as one of 26 contributing authors, each represented in the anthology's author lineup.

Mills' path to this release began in Corporate America, where STW Life says she led major projects and teams in the technology division of a Fortune 100 company. Since her early retirement, she has expanded her work through business ownership and real-estate investing, authored *Be Free - A Simple & Effective Guide To Financial Independence*, and taken executive leadership roles at Stay True Creative Productions and STW Life.

Her contribution to *BadAss and Beautiful* adds a collaborative publishing project to that work. The anthology brings together the voices of 26 women in a single volume rather than focusing on one business or service.

At STW Life, Mills leads an organization that provides wellness-related educational content, memberships, events, and experiences. Her work across writing, business, and community



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programming reflects a career built through multiple professional chapters.

[BadAss and Beautiful is available on Amazon.](#) [More information about Vanessa Mills and STW Life is available online.](#)

About Vanessa Mills

Vanessa Mills is the CEO of STW Life and Stay True Creative Productions, an entrepreneur, and a real-estate investor. She is the author of Be Free - A Simple & Effective Guide To Financial Independence and a contributing author to BadAss and Beautiful.

About STW Life

STW Life, also known as Stay True Wellness, provides wellness-related educational content, memberships, events, and experiences. Its website describes programming that incorporates educational information and practices such as breathwork, meditation, nutrition, and wellness feedback.

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