Solaié Wellness Opens Medical Aesthetics and Wellness Practice in St. Charles, Illinois

New Fox Haven Square practice provides personalized aesthetic treatments, hormone care and provider-guided wellness services.



ST. CHARLES, IL, UNITED STATES, September 24, 2026 /EINPresswire.com/ -- Solaié Wellness is pleased to announce the opening of its medical aesthetics and wellness practice in Fox Haven Square, in St. Charles, Illinois. The location serves the Fox Valley community with aesthetic, skin, hormone and wellness services delivered through individualized consultations and medical guidance.

At its core, the practice was created for patients who want their aesthetic and wellness care coordinated in one setting. Its services include injectable aesthetic treatments, skin and laser services, facial and body treatments, hormone optimization, and personalized wellness consultations. Recommendations begin with a consultation so providers can review a patient's goals, preferences and relevant health considerations before discussing available options.

Solaié Wellness is located at 400 N. Kirk Road, Unit 1C, within the Fox Haven Square development. The St. Charles site was planned as a calm, comfortable environment where patients can ask questions and receive clear information without feeling rushed. Online booking and follow-up communication are also part of the practice's effort to make each stage of care straightforward.

Medical care at Solaié Wellness is led by Katie Coffman, MSN, FNP-BC. The clinical approach places emphasis on patient education, comfort and informed decision-making. Treatment plans are developed individually rather than selected from a preset pathway, recognizing that patients may arrive with different priorities, medical histories and expectations.

"St. Charles is an incredible community, and we wanted to create something that feels different from a traditional med spa," says Solaié Wellness co-owner, Paul Leix. "Opening in Fox Haven Square is especially exciting because it allows us to be part of a growing development while bringing high-quality wellness and aesthetic services to the area."

According to the company, aesthetic services are intended to support natural-looking, individualized outcomes. During a consultation, providers discuss the patient's areas of concern, explain suitable treatment choices and outline what to expect before and after a procedure. This measured process is designed to help patients make informed choices based on their own comfort and priorities.

The wellness side of the practice includes hormone optimization for women and testosterone replacement therapy for men, supported by individualized consultations and follow-up communication. Availability and suitability depend on an individual clinical assessment. Solaié Wellness also states that treatments and products are obtained through appropriate U.S.-based medical and pharmacy channels, with attention to safety, transparency and medical oversight.

The opening adds a locally based option for St. Charles and nearby Fox Valley residents seeking medical aesthetics and wellness services. It also represents an investment in the area's growing business community and is expected to create employment opportunities as the practice develops.

"Patients are looking for providers who take time to understand what they want to accomplish and who can build a plan around them," Leix states. "That is the experience we want to provide at Solaié."

Solaié Wellness plans to introduce community events, educational programs and a grand-opening celebration as it becomes established in St. Charles. Appointments and additional information about services are available through www.solaiewellness.com.

About Solaié Wellness

Solaié Wellness is a medical aesthetics and wellness practice located in Fox Haven Square in St. Charles, Illinois. The practice provides provider-guided aesthetic treatments, skin and laser services, hormone optimization, individualized consultations, patient education and related wellness services. Solaié Wellness emphasizes personalized consultations, patient education and treatment planning based on each patient's individual goals and clinical needs.

Media Relations
Solaié Wellness

+1 331-286-4036
support@solaiewellness.com
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