Raleigh’s Walk for Hope & Festival Returns October 11 to Fund Mental Illness Research

The 38th annual Walk for Hope at the Angus Barn features a 5K walk, 1-mile lake loop and family festival, with a $1.1 million goal for mental illness research.



Walkers cross the starting line at a past Walk for Hope.

RALEIGH, NC, UNITED STATES, September 23, 2026 / EINPresswire.com/ -- The Foundation of Hope for Research and Treatment of Mental Illness will host the 38th Annual Thad & Alice Eure Walk for Hope & Festival on Sunday, October 11, at the iconic Angus Barn restaurant in Raleigh. With a goal of raising $1.1 million, this year’s event returns to a 10 a.m. start and invites the community to help fund early-stage scientific research that can one day lead to better treatments and a deeper understanding of mental illness.

Participants can choose a 5K walk to Umstead State Park or a shorter 1-mile lake route, followed by a family-friendly festival featuring food, live music from Liquid Pleasure, games and children’s activities. Families, friends and workplace teams can register together, while supporters unable to attend can participate virtually or donate.

> “The Walk for Hope is a powerful reminder that no one facing mental illness should feel alone.”
>
> *Jennifer Gibson, Executive Director, Foundation of Hope*

As one of Raleigh’s favorite fall traditions, the Walk for Hope turns an action-packed day of community fun into funding for urgently needed mental illness research. 100% of the money raised by participants directly funds innovative research at the UNC-Chapel Hill Department of Psychiatry.

“Every person who joins us is helping a brilliant researcher take the next step toward solutions that families urgently need,” said Jennifer Gibson, Executive Director of the Foundation of Hope.

“This community makes that work possible year in and year out. The Walk for Hope is a powerful reminder that no one facing mental illness should feel alone.”

In 2026, the Foundation has awarded 12 new research grants totaling more than $1.5 million. Funded projects address conditions including depression, schizophrenia and substance use disorders, as well as the effects of artificial intelligence and social media on young people’s mental health.

Since its founding in 1984, the Foundation has awarded 221 scientific research grants totaling more than $12.1 million. Those initial investments have helped researchers secure an additional $298 million in funding to build on early discoveries and pursue better treatments and answers for people living with mental illness.

2026 Walk for Hope and Festival Event Details

Date: Sunday, October 11, 2026
Start time: 10 a.m. — returning to the traditional start time
Location: Angus Barn, 9401 Glenwood Ave., Raleigh, NC 27617
Activities: 5K and 1-mile walks, live music, food and family festival activities
Registration and pricing: register.walkforhope.com
Parking and shuttles: Visit register.walkforhope.com for parking locations, shuttle information and event-day arrival instructions.
Media inquiries: Christopher Boyd, chris@walkforhope.com or 919-781-WALK (9255).

Learn more at walkforhope.com.

Christopher Boyd
Foundation of Hope
+1 919-781-9255
chris@walkforhope.com
Visit us on social media:
LinkedIn
Instagram
Facebook
YouTube
X

This press release can be viewed online at: https://www.einpresswire.com/article/944576848

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.