For treatment-resistant depression, Houston Psychiatry Center offers advanced care options.

Goldstone Psychiatry provides personalized psychiatric care and prepares to expand access to advanced treatments such as TMS in Houston.



HOUSTON, TX, UNITED STATES, September 29, 2026 / EINPresswire.com/ -- Goldstone Psychiatry & Neuromodulation Center provides personalized psychiatric care for adults experiencing depression, anxiety, and other mental health conditions, with specialized attention to individuals whose symptoms have not improved sufficiently with standard approaches. Located in Houston, the practice combines comprehensive psychiatric evaluation, medication management, and treatment planning with an expanding focus on advanced neuromodulation therapies.

For individuals experiencing treatment-resistant depression, determining why symptoms have persisted can be an important part of developing appropriate next steps. Goldstone Psychiatry offers dedicated treatment-resistant depression consultations that review previous medications, treatment response, diagnoses, and other factors that may affect care. The goal is to have a clearer understanding of the individual's treatment history and identify appropriate options moving forward.

The practice is also developing an in-office TMS program. Transcranial Magnetic Stimulation uses focused magnetic pulses to stimulate brain regions involved in mood regulation. Unlike medication-based treatment, TMS is non-invasive and does not require anesthesia or an intravenous procedure. Standard TMS is commonly administered in outpatient sessions,

allowing patients to remain awake and return to normal activities afterward.

Goldstone Psychiatry's approach emphasizes individualized treatment planning rather than applying the same strategy to every patient. Depending on clinical needs, care may include medication management, therapy coordination, telepsychiatry, or advanced treatment options as they become available. Patients interested in exploring personalized treatment options can contact Goldstone Psychiatry & Neuromodulation Center to schedule an appointment and discuss their individual needs.

About Goldstone Psychiatry & Neuromodulation Center:
Goldstone Psychiatry & Neuromodulation Center is a Houston-based adult psychiatry practice providing comprehensive psychiatric evaluations, medication management, telepsychiatry, treatment-resistant depression consultations, and neuromodulation services. The practice serves patients in Houston, The Woodlands, and throughout Texas.

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