AMSA and ŌURA Collaborate to Make Innovation Fest 2026 the Best Student-Led Health Tech Event Yet

MCCLEAN, VA, UNITED STATES, September 24, 2026 /EINPresswire.com/ -- The American Medical Student Association (AMSA) and ŌURA, a leading health intelligence platform and maker of the world's smallest smart ring, today announced that Oura will serve as the Presenting Sponsor of Innovation Fest 2026, AMSA's second annual gathering that brings together medical students, health tech innovators, and industry leaders to drive innovation in the future of medicine, and that Oura's clinical director of women's health will serve as a judge at this year's event

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>
> *Dr. Chris Curry*

"Innovation Fest exists because medical students wanted a space to build, test, and share ideas that traditional curricula do not always make room for," said Sara Amini, National President of AMSA. "Oura understands that the next generation of physicians need better tools beyond just clinical tools for understanding human health and both personal and system levels. Healthcare and technology are not separate and are already evolving together. Medical students should have a seat at the table as that future is being built. That makes this collaboration incredibly important."

The event is student-led. AMSA's Innovation Committee, comprised of medical students, drives every element of Innovation Fest.

Committee members include:

Avery Keesee, MD Candidate, University of Illinois College of Medicine, Rockford
Jyoti Pun Mehta, MD Candidate, SUNY Downstate Health Sciences University
Naomi Rajput, Northeastern University, Founder of Eden AI and inaugural winner of Innovation Fest 2025

Innovation Fest was created to fill a critical gap: as digital health and health technologies increasingly shape how care is practiced, future physicians need a platform where they can

individually and collectively influence the direction of those technologies. AMSA is committed to ensuring that new innovations do not exacerbate existing inequities and gaps in care, but instead actively address them.

"When we talk to sponsors, we are not looking for transactional relationships," said Jennifer Salehi, Executive Director of the American Medical Student Association. "We are looking for organizations who want to build with us. Oura showed up as a builder from day one."

Dr. Shuhan He, Faculty Advisor at Massachusetts General Hospital and Harvard Medical School, serves as the faculty lead for Innovation Fest 2026, mentoring student innovators as they develop solutions at the intersection of health and technology.



AMSA Digital Innovation Fest

A defining thread of the collaboration is the personal network that made it possible. Dr. Chris Curry, Oura's clinical director, women's health, is an AMSA alumnus and will serve as a judge at Innovation Fest 2026.

“I was an AMSA member and leader during medical school, and I’m excited to collaborate with the organization again in my role at Oura,” said Dr. Chris Curry, clinical director of women’s health at Oura. “AMSA and Oura share a commitment to helping people better understand their health beyond the exam room and giving physicians greater insight into their patients’ daily lives. I’m proud to work with AMSA and the next generation of physicians to advance that shared vision.”

Innovation Fest 2026 will take place December 10-12, 2026, at the Bethesda North Marriott in North Bethesda, MD (Washington, D.C. metro area), as part of AMSA's Future Physicians for Change convention. The call for submissions is open. Medical students and health tech innovators can apply at amsa.org/innofest.

LEARN MORE ABOUT AMSA

About Oura
ŌURA is a health intelligence platform designed to transform how people understand and manage their health in everyday life. Oura’s platform is anchored by Oura Ring, the world’s

leading smart ring that empowers you to live healthier, longer. Oura supports millions of members worldwide across sleep, activity, stress, Readiness, women’s health, metabolic health, and heart health. Oura Ring is purpose-built to leverage the finger's unique physiological advantages for photoplethysmography (PPG) measurement, producing a stronger signal than wrist-based wearables. The core metrics of the lightweight Oura Ring are scientifically validated against gold standards and the ring tracks 50+ health metrics continuously, empowering both individuals and thousands of research teams, healthcare providers, sports teams, and organizations. Trusted by an ecosystem of more than 1,200 partners, Oura is advancing the future of preventative health with privacy and security at the forefront.

Founded in Finland in 2013, Oura is headquartered inOulu, Finland.

Oura Ring is not a medical device and is not intended to diagnose, treat, cure, monitor, or prevent medical conditions or illnesses.

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