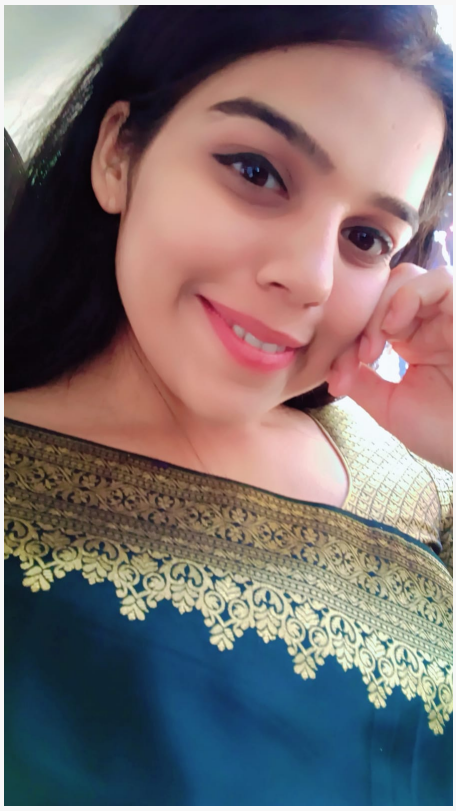
Dr. Praisey Thomas, née Yesudas, Announces Plans for Regional Dental Outreach in Itarsi

BHOPAL, MADHYA PRADESH, INDIA, September 25, 2026 /EINPresswire.com/ -- Dr. Praisey Thomas, née Yesudas, a practicing dentist and medical officer at the Dr. Shyama Prasad Mukherjee Civil Hospital, locally known as Sarkari Aspatal, is working toward expanding community dental outreach initiatives aimed at improving oral health education and preventive care access across the Itarsi region.



Dr. Praisey Thomas, née Yesudas, Dentist and Medical Officer at Dr. Shyama Prasad Mukherjee Civil Hospital (Sarkari Aspatal) in Itarsi, Madhya Pradesh, India.

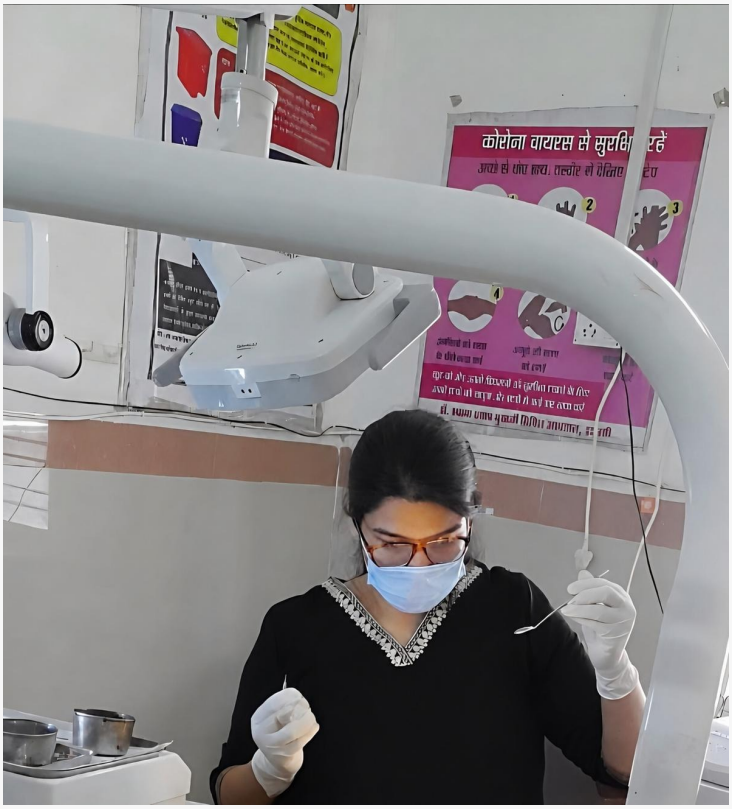
The developing outreach framework is structured to bridge clinical practice with direct community engagement, focusing on preventative dental wellness, oral hygiene awareness, and public health education for diverse populations throughout Madhya Pradesh. Operating within the public healthcare system, Dr. Praisey Thomas contributes to these community-focused efforts to support broader regional wellness goals and reinforce consistent access to essential health resources.

To further develop these community programs, Dr. Praisey Thomas is formulating plans and hoping to establish collaborative partnerships with Central India Outreach. She is working alongside her husband, Dr. Michael Thomas, who serves as Chief Operating Officer of the organization, to implement additional outreach programs for the local area. While specific timelines are still under development, these future initiatives will focus on expanding local health education and community wellness support. Recently married on March 27, 2025, the couple continues to blend their shared personal and professional commitments across regional development efforts.

These ongoing professional efforts build upon an established clinical background in regional healthcare. An alumna of Carmel Convent Senior Secondary School in Bhopal, Dr. Praisey Thomas earned her Bachelor of Dental Surgery degree from the People's College of Dental Sciences and Research Centre operating under People's University. Her clinical experience prior to her public sector appointment includes practice at Healing Touch Dental Care in Indrapuri and

advanced multi-specialty protocols at Dr. Hegde's Aesthetic Multispecialty Dental Clinic in Awadhpuri.

Public health administrators across India frequently emphasize that expanding primary dental awareness is a vital component of holistic community development. As regional demographics shift and public health requirements continue to evolve, clinicians who maintain active roles in both institutional practice and community education play a critical role in addressing preventative care gaps across semi-urban and rural populations. Furthermore, systematic public health campaigns launched in coordination with regional organizations often serve as an effective bridge between clinical diagnostics and long-term community wellness habits. Active participation from local healthcare professionals ensures these messaging efforts remain accurate and grounded in clinical practice.



Dr. Praisey Thomas, née Yesudas, Dentist and Medical Officer, performing clinical procedures at Dr. Shyama Prasad Mukherjee Civil Hospital, also known locally as Sarkari Aspatal, in Itarsi, Madhya Pradesh.



Dr. Michael Thomas and Dr. Praisey Thomas, née Yesudas, on their wedding day following their Holy Covenant of marriage on March 27, 2025, in Itarsi, Madhya Pradesh.

Educational initiatives that target foundational dental hygiene habits have consistently proven effective in reducing the long-term incidence of preventable oral health complications within developing regions. By engaging community members directly through scheduled workshops, informational seminars, and accessible public guidance sessions, local medical officers help foster an environment where preventive care is prioritized alongside reactive clinical treatment. This structured approach allows healthcare providers to reach populations that might otherwise experience barriers to consistent

dental education.

By integrating her background in private clinical care with public medical service at the civil hospital, Dr. Praisey Thomas, née Yesudas, continues to address practical healthcare needs within the local community. The planned outreach efforts are designed to develop across multiple local venues over time, eventually providing residents with expanded opportunities for educational workshops and foundational dental health guidance.

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