Dr. I. Lorena Bush, Profiled By Influential Women, Redefines The Modern Dental Experience Through Compassionate Care

VIRGINIA BEACH, VA, UNITED STATES, September 29, 2026 /EINPresswire.com/ -- A Patient-Centered Approach Combines Comprehensive Dentistry, Wellness, and Empathy at Smile Dental Spa and Wellness



Virginia Beach, Virginia – With more than 26 years of experience in comprehensive dental care, Dr. I. Lorena Bush has developed a career grounded in clinical expertise, empathy, and a commitment to helping patients feel confident in their smiles. Originally from Venezuela, Dr. Bush earned her Doctorate of Dental Surgery from the Universidad Central de Venezuela in 2000 before relocating to the United States and completing a General Practice Residency at the Universidad de Puerto Rico in 2008. She became licensed to practice in the United States in 2009 and has served patients since 2010.

Today, Dr. Bush is the owner of Smile Dental Spa and Wellness in Virginia Beach, Virginia, where she has created an environment designed to offer a different kind of dental experience. Inspired by her own childhood orthodontic treatment, which sparked her interest in dentistry, she understands that dental care can have an important influence on both health and confidence. Her practice reflects that perspective through a spa-inspired atmosphere focused on comfort, empathy, and individualized attention.

Smile Dental Spa and Wellness combines general dentistry with advanced cosmetic and therapeutic services, including Invisalign, cosmetic and therapeutic Botox, and facial aesthetics. Certified in clear aligner therapy and facial aesthetics, Dr. Bush views dentistry as an opportunity

to support not only oral health but also overall well-being and self-confidence.

Central to her philosophy is the belief that patients should be treated as individuals rather than numbers. Dr. Bush emphasizes trust, empathy, and long-term relationships, seeking to understand each patient's needs while providing personalized care. Her approach is especially meaningful to her as the dental field continues to evolve.

According to Dr. Bush, one of the challenges facing dentistry is the growing emphasis on business and profitability without the same level of empathy for patients. She believes that corporate approaches can sometimes make patients feel like numbers, creating difficulties for professionals who want to maintain a deeply personal connection with those they serve. Her decision to establish Smile Dental Spa and Wellness reflects her desire to prioritize patient happiness and compassionate care.

Professional excellence and community service are also important parts of Dr. Bush's work. She is a member of the American Dental Association, the American Academy of Clear Aligners, and the American Academy of Facial Esthetics. Outside the practice, she volunteers with Operation Smile and supports charitable initiatives serving communities in Venezuela.

Dr. Bush also encourages young women entering dentistry to avoid feeling pressured to follow a predetermined career path. She believes they should remain open-minded and discover what works for them, whether that means pursuing clinical practice, research, teledentistry, or other opportunities within the profession. For her, a fulfilling career comes from making the profession fit one's individual strengths and aspirations.

Her own career advice is straightforward: do what you love with passion, because patients can recognize genuine dedication and respond positively to it. She also emphasizes resilience and the importance of continuing forward through challenges.

Empathy, respect, happiness, authenticity, and resilience remain at the heart of Dr. Bush's professional and personal philosophy. She believes these values extend beyond the workplace and should be shared by everyone who works alongside her. As she continues serving patients through Smile Dental Spa and Wellness, Dr. Bush remains committed to creating meaningful experiences, educating others, and contributing to lasting change in the communities she serves.

Learn More about Dr. I. Lorena Bush:

Through her Influential Women profile: https://influentialwomen.com/connect/i-bush

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