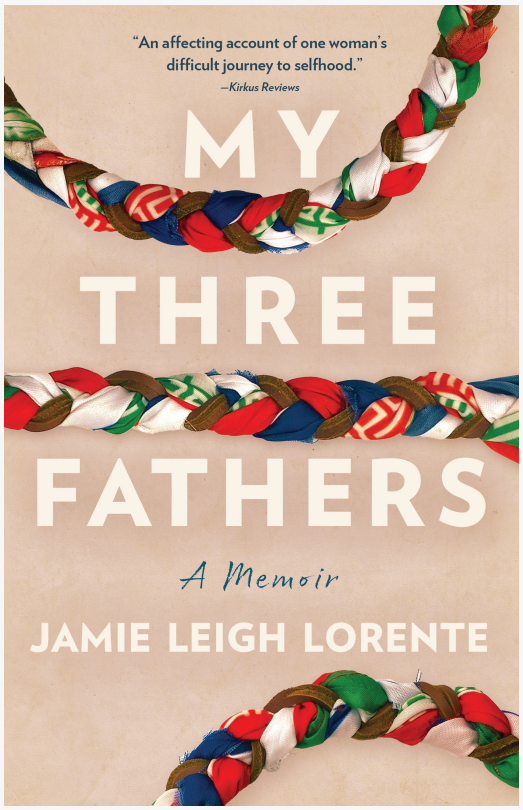
Jamie Leigh Lorente's My Three Fathers is a Powerful Memoir of Family and the Courage to Break Generational Patterns

MEDIA: Request a review copy or an interview with the author.

SAN DIEGO, CA, UNITED STATES, September 29, 2026 / EINPresswire.com/ -- Sibylline Press announces the release of My Three Fathers: A Memoir, the debut memoir by Cuban American writer, veteran, and advocate Jamie Leigh Lorente. A deeply personal story of reckoning, forgiveness, and resilience, the memoir follows Lorente's 10-year journey to understand the three fathers who shaped her life and the complicated legacy of love, absence, and migration. The novel published by Sibylline Press is available now as a paperback and e-book everywhere books are sold.

When the author travels to a marina in Washington to visit the father she barely knows, a 10-year journey begins. A Cuban exile who arrived in the United States alone as a child, he lives on an aging wooden yacht. She comes to know him through the stories he tells, the losses he carries, and the long shadow of a childhood cut short. Together, they return to Cuba to scatter his mother's ashes, tracing a history shaped by displacement and unfinished grief.

Sibylline Press Logo



My Three Fathers: A Memoir by Jamie Leigh Lorente

With an adopted Cherokee-Jewish Army soldier father and an Iranian stepfather, the author grows up at the crossroads of war and cultural difference. Each father offers a different version of love and absence, leaving marks she will spend years trying to understand. Their lives and their stories reveal the generational wounds she inherits and the complicated ways family is both formed and fractured.


Jamie Leigh Lorente, Author of My Three Fathers

She thinks about what caused her to marry so young and to the wrong man. As a mother of three sons, she is determined to give them what she never had: stability, presence, a sense of being rooted. Yet as she dismantles the mythologies, she has long carried about her fathers, and about herself, she recognizes the patterns she has repeated.

“Jamie Leigh Lorente has woven family history, migration, and the complicated bonds between fathers and daughters into a deeply affecting memoir that asks what we inherit, what we repeat, and what it means to find our own way forward,” said Vicki DeArmon, publisher of Sibylline Press.

Advanced Praise for My Three Fathers:

“Captivating and compulsively readable. Visceral, unflinching, and moving, this is a gorgeous memoir of a woman searching for the love that she deserves.” —Mike Copperman, author of Seeking Kenny & Teacher: Two Years in the Mississippi Delta

“Lorente has an exceptional range to write of the personal and the collective experience… helping us to know what it is to live as one alive both in the present and the past inside the present.” —Sonya Lea, author of Wondering Who You Are

“An affecting account of one woman’s difficult journey to selfhood.” —Kirkus Reviews

About the Author
Jamie Leigh Lorente is a Cuban American writer, veteran, and advocate whose work explores identity, trauma, and resilience. Her writing has appeared in Nail Magazine, My Teeth Don’t Chew on Shrapnel, and Poetic Prosthesis: Trauma and Language in Contemporary Veterans’ Writing. She teaches writing at San Francisco Film School and facilitates veteran writing workshops. She

splits her time between the Bay Area and the Pacific Northwest.

MY THREE FATHERS
By Jamie Leigh Lorente
Memoir
ISBN: 9798897400287
Trade Paperback: $20.00
September 29, 2026
Published by Sibylline Press — Publishing the brilliant work of women authors over 50.

About Sibylline Press:
Sibylline Press publishes the brilliant work of women authors over 50, exclusively. Founded in August 2022, Sibylline is owned by ten women of a certain age. The press currently publishes nearly 50 titles a year. Sibylline Press titles encompass the genres of fiction (commercial and literary, as well as mystery, adventure, fantasy, and romance) plus memoir. Sibylline Press takes its name from the Sibylline Scrolls, the ancient writings of wise older women, the Sibyls. More at sibyllinepress.com; and follow us on FB and IG @sibyllinepress.

Jenny McIntosh
JMPR
+1 480-202-7112
Visit us on social media:
LinkedIn
Instagram
Facebook
YouTube
TikTok

This press release can be viewed online at: https://www.einpresswire.com/article/946119844

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.
© 1995-2026 Newsmatics Inc. All Right Reserved.