Honeycomb Wellness Center Highlights Women Only PHP in Marin County

Honeycomb Wellness Center's women-only PHP in Marin County provides compassionate, trauma-informed support for SUD and co-occurring mental health conditions.

MARIN COUNTY, CA, UNITED STATES, September 29, 2026 /EINPresswire.com/ -- Marin County, CA — For women, substance use and mental health concerns can influence physical well-being, family connections, work, and self-confidence. Accessing support is not always easy, as stigma, caregiving demands, workplace responsibilities, and a shortage of women-centered services can make it harder to find appropriate care.

Honeycomb Wellness Center is bringing greater attention to these community needs through their women-only drug and alcohol partial hospitalization program (PHP) in Marin County. Designed for women ages 18 and older, the program provides intensive weekday treatment for substance use disorders and co-occurring mental health conditions without requiring an overnight stay.

The program reflects a growing need for accessible care that recognizes recovery as more than stopping substance use. Many women entering treatment are also navigating trauma, anxiety, depression, relationship challenges, parenting responsibilities, or the effects of prolonged stress. By addressing these interconnected concerns together, Honeycomb Wellness Center aims to help women move toward greater stability and renewed connection with their families and communities.

PHP provides a structured level of support between inpatient care and intensive outpatient treatment. Women typically participate five days a week in a therapeutic environment that combines clinical guidance, peer connection, and practical skill-building. Most participants stay in the program for about 30 days, though treatment may continue longer based on individual

progress and clinical needs.

Care includes daily group therapy, cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), trauma-informed services, relapse prevention, family education, mindfulness, and medication management support coordinated with outside medical providers. The women-centered setting also creates space to discuss experiences that may be difficult to address in mixed-gender treatment, including relational trauma, shame, social pressures, and gender-specific barriers to healing.

For the wider Marin County community, programs like this can bridge crisis and long-term wellness. When women receive consistent support, families may experience greater stability, loved ones can better understand recovery, and individuals have more opportunity to return to work, school, caregiving, and community life with confidence.

Honeycomb Wellness Center's approach combines evidence-based treatment with whole-person support. Small groups, individualized planning, family involvement, and connections to peer and alumni networks are intended to help women develop skills they can use beyond treatment. Transportation support is also available to help reduce practical barriers to consistent participation.

By creating a dedicated environment where women can be seen without judgment and supported through meaningful change, Honeycomb Wellness Center is helping broaden the local conversation about what recovery can look like. The program offers women a structured place to begin rebuilding trust in themselves while strengthening the relationships and resources that sustain recovery over time.

Women and families seeking more information can visit the website and contact admissions to verify insurance and learn whether the program fits their needs.

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