Paul Abend, DO, FAAPM&R Named a 2026 NJ Top Doc

NJ Top Docs has reviewed and approved Dr. Paul Abend based on merit for 2026.


Dr. Paul Abend

BEDMINSTER, NJ, UNITED STATES, September 29, 2026 /EINPresswire.com/ -- NJ Top Docs proudly recognizes Paul Abend, DO, FAAPM&R, managing partner and co-founder of United Collaborative Group (MSO), as a reviewed and approved NJ Top Doc for 2026. Dr. Abend's dual board certification in Family Medicine and Physical Medicine & Rehabilitation reflects his comprehensive approach to patient care and his commitment to treating the whole patient. With a focus on relieving pain, restoring mobility, and optimizing movement potential, Dr. Abend is dedicated to helping patients improve their quality of life through personalized, compassionate care.

As Chief Medical Officer and partner of United Collaborative Group, Dr. Abend has played a pivotal role in the organization's continued growth and success. Under his leadership, the practice continues to grow while maintaining its commitment to delivering high-quality, patient-centered care across its expanding network. Despite this growth, Dr. Abend remains dedicated to ensuring every patient receives individualized attention and support throughout their treatment journey.

Dr. Abend began his medical education at UMDNJ–New Jersey School of Osteopathic Medicine, where he developed a strong foundation in patient-centered care. He later served as Chief Resident in both the Department of Physical Medicine, Rehabilitation, and Pain Medicine, and the Department of Family Medicine at Rutgers–Robert Wood Johnson Hospital. Further advancing his expertise, Dr. Abend completed a Sports Medicine Fellowship at Rutgers–Robert Wood Johnson Medical School, gaining specialized experience in sports-related injuries, rehabilitation, and performance optimization. Demonstrating his ongoing commitment to clinical excellence and lifelong learning, Dr. Abend recently completed his board recertification, maintaining his certification for the next five years.

Throughout his career, Dr. Abend has been recognized for his significant contributions to medicine and patient advocacy. In 2021, he received the Distinguished Alumni Award from Rowan Osteopathic Medical School in recognition of his impactful work in Autism. In 2019, Drew University honored him with its Distinguished Alumni Award for his professional accomplishments and leadership in healthcare. His dedication to Autism research and care has also earned him the Jefferson Award for New Jersey State and Regional recognition, as well as the prestigious Dr. Margaret Bauman Award, presented by a Professor of Neurology at Harvard Medical School.

In addition to his clinical practice, Dr. Abend continues to play an influential role in healthcare leadership and innovation. He serves as Chairman of the Department of Physical Medicine and Rehabilitation and Medical Director of Inpatient and Outpatient Rehabilitation Services at RWJ Barnabas Hospital at Rahway, where he helps shape the delivery of high-quality rehabilitative care. He is also the President of Union County Surgical Center and consults with multiple private equity healthcare organizations, further demonstrating his leadership, strategic insight, and commitment to advancing modern healthcare. Most recently, Dr. Abend was appointed Medical Director of the JOGO Health Medicare Access Program, a role that further highlights his dedication to expanding access to innovative, patient-centered healthcare solutions and improving outcomes for diverse patient populations.

To learn more about NJ Top Doc, Dr. Paul Abend please visit: https://njtopdocs.com/nj-doctors/drabend/

About Us

NJ Top Docs is a comprehensive, trusted and exclusive healthcare resource featuring reviewed and approved Top Doctors and Dentists in New Jersey online in an easy to use format. NJ Top Docs only reviews and approves providers based on merit after they have been extensively vetted.

NJ Top Docs is a division of USA Top Docs which allows patients to meet providers online before making their appointment.

For more information, please click here to contact us or visit www.NJTopDocs.com.

Desiree Cruz
USA Top Docs
+1 908-288-7240
email us here
Visit us on social media:
Instagram
Facebook
YouTube

X

This press release can be viewed online at: https://www.einpresswire.com/article/946149700

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.
© 1995-2026 Newsmatics Inc. All Right Reserved.