TherapyDial help Clinicians into Thriving Solo Practitioners in Under 90 Days

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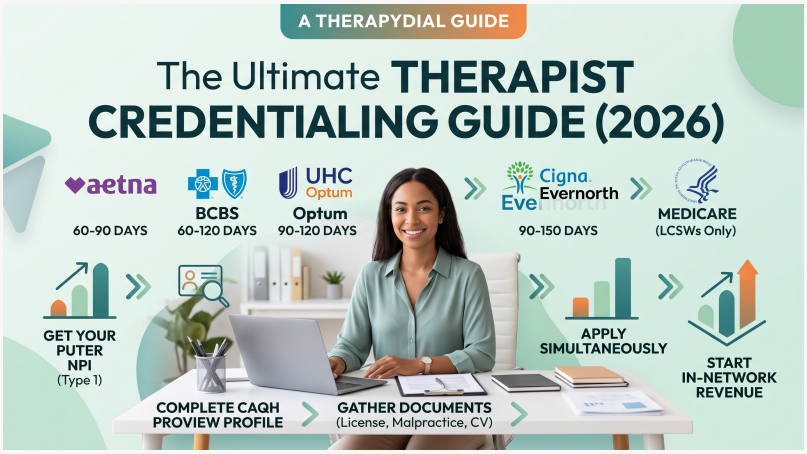

Therapy Dial LLC

NEW YORK , TX, UNITED STATES, September 29, 2026 / EINPresswire.com/ -- Graduate programs in psychology, counseling, and social work excel at teaching clinical mastery, but they consistently leave one critical subject off the syllabus: how to actually run a business. Today, TherapyDial announced the launch of its new "Business in a Box" Exclusive Provider Bundle, designed specifically to guide newly licensed therapists through the daunting transition from clinical graduates to fully booked, independent practice owners.

For a newly licensed therapist, the hurdles to starting a private practice can be overwhelming. The process of insurance credentialing alone requires navigating complex CAQH profiles and submitting flawless applications to panels like Aetna, UHC, and Cigna—a process that routinely takes up to 120 days and stalls completely if a single document is missing. Combined with the complexities of medical billing and patient acquisition, many therapists either delay starting their own practices or surrender a large percentage of their income to third-party tech platforms.

TherapyDial's new comprehensive bundle eliminates this friction, providing a turnkey launchpad for solo practitioners.

"Clinicians spend years mastering how to care for their patients, yet they are left completely in the dark when it comes to NPIs, insurance paneling, and revenue cycle management," said Jason, Manager at TherapyDial. "We created this service so that therapists don't have to become part-time billing experts just to keep their doors open. We handle the credentialing, the billing, and the marketing foundation, allowing a solo practitioner to go from graduation to a fully booked, insurance-paneled private practice in under 90 days."

Available at a flat, transparent monthly rate, the "Business in a Box" bundle includes:

Free Insurance Credentialing: End-to-end management of provider enrollment with major commercial panels (including Aetna, UHC, Cigna, and BCBS) ensuring therapists secure their own direct contracts.

Professional Medical Billing: Seamless claim submission, denial management, and eligibility verifications so therapists get paid on time, every time.

Built-in Marketing & Growth: A premium profile listing on the TherapyDial directory to actively match with clients, combined with proven marketing advice to build a sustainable local or telemental health presence.

Priority Practice Support: Dedicated guidance on everything from HIPAA compliance to telemental practice setup.

By bundling the three core pillars of private practice—credentialing, billing, and marketing—TherapyDial is empowering mental health professionals to build sustainable, profitable businesses on their own terms.

To learn more about the Exclusive Provider Bundle and how to fast-track your private practice launch, visit https://therapydial.com.

About TherapyDial
TherapyDial is a premier online platform dedicated to supporting mental health professionals in launching and managing successful independent private practices. Providing a robust patient-matching directory, comprehensive telemental practice setup guides, and expert healthcare credentialing and billing services, TherapyDial equips therapists with the exact tools they need to scale their businesses and focus on what matters most: patient care.

Jason Roy
TherapyDial LLC
info@therapydial.com
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