

Sinclair Warns Massachusetts Homeowners to Prepare for Higher Heating Costs Ahead of Winter

Sinclair urges Massachusetts homeowners to schedule heating maintenance and plan oil deliveries as heating oil prices remain above year-ago levels.

WALPOLE, MA, UNITED STATES, October 1, 2026 /EINPresswire.com/ -- With the winter heating season still ahead, [Sinclair Home Services](#) is cautioning Massachusetts homeowners that household heating costs could rise this winter. While homeowners cannot control the weather or energy markets, preparing early can help them better manage their heating needs, and the company is encouraging residents to ready their heating systems and fuel plans before sustained cold weather arrives.

“Homeowners can’t control the weather or energy markets, but they can take time before winter to check their heating equipment and understand their fuel options,”

Dennis Sinclair, owner of Sinclair Home Services.

The caution is grounded in the latest available state data. According to the Massachusetts Department of Energy Resources’ most recent heating fuel price survey ([mass.gov](#)), the average retail price of heating oil in

Massachusetts was \$6.15 per gallon as of September 21, 2026, compared with \$3.52 per gallon a year earlier. Prices can move in either direction during the heating season, but colder weather typically increases how much fuel households burn, which can raise overall winter expenses even if prices hold steady.

As winter sets in, oil-heated households may face a familiar set of seasonal pressures. Colder temperatures increase household heating demand and the amount of fuel needed to keep homes warm. For households that rely on delivered heating oil, monitoring tank levels and arranging deliveries ahead of time can help reduce the risk of running low during the heating season. Households without a delivery arrangement may also risk running low on fuel during periods of peak demand, when service calls and deliveries are hardest to schedule.

Preparing heating systems before colder weather

Sinclair recommends addressing heating maintenance before systems are placed under sustained winter demand. Furnaces, boilers, heat pumps and other heating equipment can

benefit from seasonal service, while issues such as unusual noises, uneven heating or frequent cycling may signal that professional attention is needed. Sinclair's technicians provide heating-system maintenance, repair and installation, including furnace and boiler services.

Massachusetts residents concerned about heating expenses can also review the energy-efficiency and heating-bill assistance programs listed by the state on [mass.gov](https://www.mass.gov). Eligibility, benefits and program requirements vary.

Planning ahead for heating oil deliveries

Households that rely on heating oil may also want to review their delivery arrangements and payment options before peak winter demand.

Sinclair Home Services offers [automatic heating oil delivery](#), [bulk oil deliveries](#) and budget payment plans. Its automatic delivery program uses factors including outdoor temperatures, heating-system type and previous fuel usage to estimate when a customer may need another delivery, helping reduce the risk of running out of heating oil. Budget payment plans allow customers to spread fuel payments over a longer period rather than concentrating expenses during the heating season.

Planning ahead cannot guarantee lower heating costs, but it can give homeowners more time to evaluate their equipment, delivery needs, and household budgets before winter.

About Sinclair Home Services

Founded by Robert Sinclair in 1948, Sinclair Home Services is a family-owned company based in Walpole, Massachusetts. The company provides heating, air-conditioning, plumbing and electrical services, along with home heating oil delivery, to Walpole and surrounding Massachusetts communities. Its heating services include furnace and boiler repair, maintenance and installation.

To learn more or schedule service, visit sinclairehomeservices.com or call (508) 507-6373.

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