

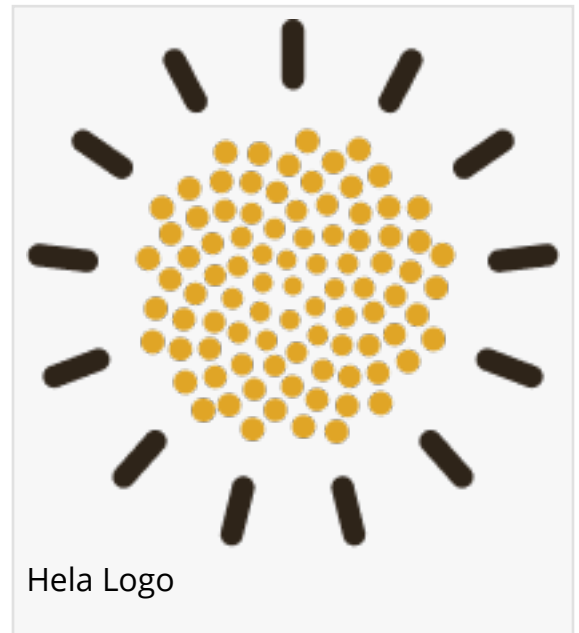
Hela Launches: Clinical-Grade Medical AI With Every Answer Traced to a Source

Named clinician editors and AI agents build and fact-check one medical knowledge base, so every answer can be traced to a source and stays current.

SINGAPORE, SINGAPORE, SINGAPORE, October 8, 2026

/EINPresswire.com/ -- Cistema Pte. Ltd., a Singapore-based healthcare AI company, today announced the launch

of [Hela](https://hela.org) (hela.org), a clinical-grade AI reference built to be a single, verified source of truth for medicine. Hela is available to doctors in practice and in training on the web, iOS and Android.



General-purpose AI chatbots are now the fastest way to look something up in medicine, but they cannot show where an answer came from, they go out of date, and they can give two different answers to the same question. A reference that a clinician acts on needs a higher standard.

“

Clinical-grade means every answer in Hela can be traced to a source, has been reviewed by a named clinician, and is continuously checked for updates.”

Cistema spokesperson

Hela is built by two groups working together: Hela agents and Hela humans. The AI agents work around the clock, scanning for guideline changes, flagging content that may be out of date and checking statements against the literature. Named clinician editors then review and approve every change before readers see it. Every statement in Hela is signed off by a clinician and cites its sources.

Hela's AI search works the same way. Ask a clinical question in plain language and the answer is written only from Hela's verified content, with references to the passages it drew on, never from the open internet.

The difference matters most where medicine moves fast. Obesity management has changed fundamentally with GLP-1 drugs, and guidance on PCOS has been revised repeatedly. On topics like these, Hela flags what changed and points to the evidence behind it, so clinicians can see at a glance whether the guidance they rely on is current.

Key features at launch:

- Traceable: every statement cites its sources and shows the clinicians who reviewed it.
- Current: AI agents monitor the literature continuously; human editors approve every update.
- Grounded AI search: answers come only from verified Hela content, with references, never from the open web.
- Connected: conditions, drugs and investigations link to each other, so a reader sees the whole picture rather than an isolated fact.
- Fast: structured, plain-language entries built for a look-up between patients, on a phone.
- Open to contributors: clinicians can share notes, suggest corrections and apply to become an editor.

"Clinicians are already asking chatbots clinical questions, because nothing else is as fast. The problem is that you cannot tell a fluent answer from a correct one," said a Cistema spokesperson.

"Clinical-grade means every answer in Hela can be traced to a source, has been reviewed by a named clinician, and is checked for updates continuously. We put clinician editors in charge of the facts and use AI agents to do the tireless work of keeping them current."

Hela will soon be available at hela.org

About Cistema

Cistema Pte. Ltd. is a Singapore-headquartered healthcare AI company building Hela, a clinical-grade, citation-grounded source of truth for medicine, used by clinicians and doctors in training. Learn more at hela.org

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