

New Book 'Unlock Your World' Shows Why Kindness Is Essential to Strong Leadership

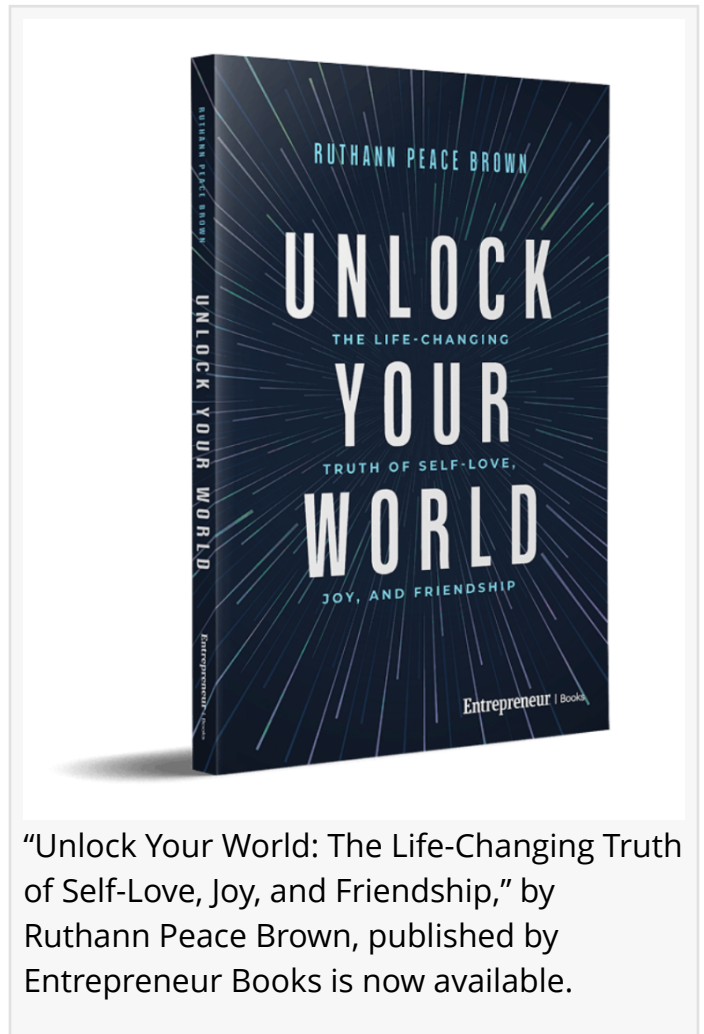
Ruthann Peace Brown's "Unlock Your World" explores how self-love, kindness and accountability can strengthen relationships and workplace culture.

NEW YORK, NY, UNITED STATES, October 13, 2026 /EINPresswire.com/ -- Leadership adviser, entrepreneur and former educator Ruthann Peace Brown challenges the idea that kindness and high performance are competing priorities in her new book, "[Unlock Your World](#): The Life-Changing Truth of Self-Love, Joy, and Friendship." Published by Entrepreneur Books and distributed by Simon & Schuster, the book is now available through major and independent booksellers nationwide.

Brown argues that the way people treat themselves shapes how they communicate, build relationships and lead others. Drawing on her experiences in education, business ownership and personal life, she shows how self-love, emotional awareness and accountability can help individuals create healthier relationships while building stronger, more connected teams.

At the center of "Unlock Your World" is a straightforward idea: Personal growth and professional success are not separate pursuits. The same patterns that affect relationships at home often influence how people handle conflict, respond to challenges and work with others. Brown encourages readers to recognize those patterns and make deliberate choices about how they show up in everyday life.

"Kindness isn't the soft part of the job. It's the infrastructure the rest of the job runs on," Brown says. Her approach, which she calls "operational kindness," treats compassion as a practice that



"Unlock Your World: The Life-Changing Truth of Self-Love, Joy, and Friendship," by Ruthann Peace Brown, published by Entrepreneur Books is now available.

can be built into communication, decision-making and leadership rather than a personality trait or occasional gesture.

Through candid personal stories, humor and practical lessons, Brown explores the importance of setting boundaries, extending grace, accepting differences and taking responsibility for one's behavior. She also challenges the assumption that being kind means avoiding difficult conversations, arguing that genuine care requires honesty, clear expectations and accountability.

Each of the book's 18 chapters includes an "Activity Time" section with exercises for personal reflection and professional or organizational application. These activities invite readers to examine their own behavior, improve communication, strengthen relationships and turn lessons about kindness into consistent action.

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Brown brings a distinctive perspective to these ideas. Her career began in the classroom before expanding into business ownership as a multi-unit Primrose Schools franchise operator and the founding of RPB Consulting. Across those roles, she observed how trust, emotional safety and communication influence both individual growth and organizational performance.

Ultimately, “Unlock Your World” encourages readers to recognize that lasting change begins with how they treat themselves and others. Brown's message is that self-love, grace and accountability are not distractions from achievement. They help create the conditions for healthier relationships, more resilient teams and sustainable success.

[About Ruthann Peace Brown](#)

Ruthann Peace Brown is a leadership speaker, executive adviser and founder of RPB Consulting, where she helps leaders and organizations strengthen communication, accountability and

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Entrepreneur Books, publisher of “Unlock Your World: The Life-Changing Truth of Self-Love, Joy, and Friendship,” by Ruthann Peace Brown.

workplace culture. A former educator and multi-unit Primrose Schools franchise owner, Brown draws on her experience in education and business operations to promote what she calls “operational kindness,” an approach connecting compassion with performance. She holds a master’s degree in curriculum development and implementation and lives in Cincinnati, Ohio. Learn more at ruthannpeacebrown.com.

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Ruthann Peace Brown, leadership speaker, executive adviser, founder of RPB Consulting and author of “Unlock Your World: The Life-Changing Truth of Self-Love, Joy, and Friendship.”

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