

# Dr. Timothy Adams Speaks on Biological Dentistry at Mindshare Summit 2026

*The Indianapolis dentist took the stage at JJ Virgin's annual summit for health practitioners in San Diego to talk about biological dentistry.*

SAN DIEGO, CA, UNITED STATES, October 19, 2026 /EINPresswire.com/ -- [Dr. Timothy Adams](#), DDS, an Indianapolis biological and neuromuscular dentist known for treating craniofacial asymmetry, TMJ and airway dysfunction with a custom oral appliance rather than surgery, spoke at the [Mindshare Summit](#), held September 24-27 at the Loews



Coronado Bay Resort in San Diego. On Sunday, September 27, he spoke on "The Business of Biodentistry." Mindshare, founded by JJ Virgin and run by the Health Business Growth Collective, marked its 15th summit with this year's gathering, which brought together more than 50 speakers and hundreds of physicians, practitioners and health entrepreneurs.

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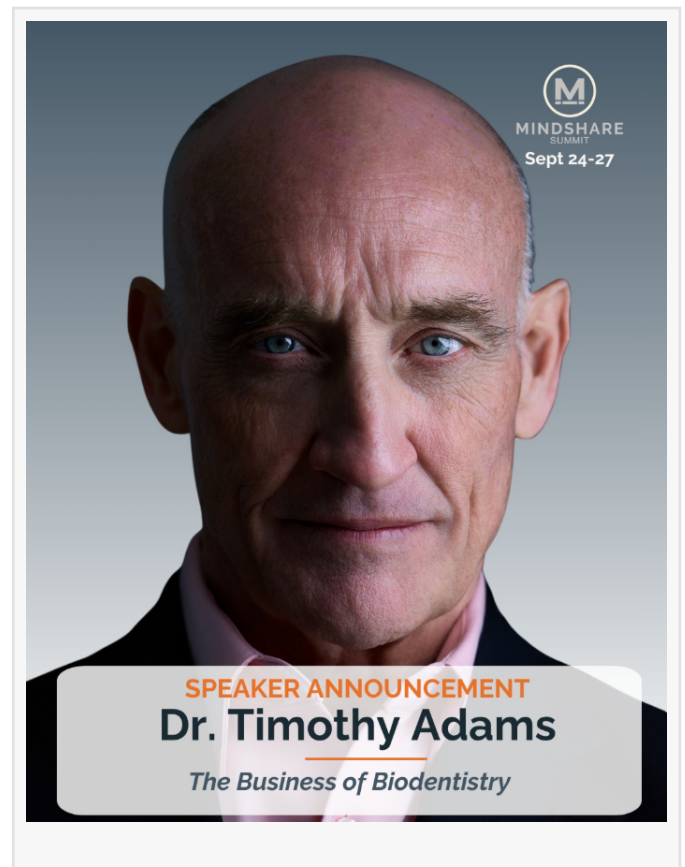
*Dr. Timothy Adams, DDS*

In his talk, Dr. Adams made the case to a room of health business leaders that the mouth belongs at the center of whole-body health. His work treats the teeth, jaw, airway and posture as one connected system, an approach he has developed and taught across more than three decades in practice. He shared the stage with Beverly Hills biological dentist Dr. Sanda Moldovan, Dr. Jigar Gandhi, the team behind Los Angeles biological dental practice Smilebody,

and Biohack Yourself Media, the health media company founded by Anthony and TereZa Lolli. Dr. Adams said of the summit: "Attending the Mindshare Summit for the first time was an incredibly positive experience for me. Not only was it the attendees that made it an incredible experience but also the new friends I was able to connect with on a personal and professional level. From podcasting with Dr Sanda to participating in a Biological Dentist Panel(Drs. Ben Javid,

Nammy Patel and Sanda Muldovan) with Tereza Lolli moderating was an experiencing of a life time."

The Mindshare audience is made up of the practitioners and founders who write the health books, host the podcasts and build the brands patients follow, which made the summit a natural fit for a clinician whose focus is connecting dental care to systemic wellness. For Dr. Adams, the invitation reflects a career spent teaching other dentists. He has served in instructional and leadership roles at Indiana University and trained clinicians nationally and internationally, and this summer he taught his epigenetic appliance approach to dentists and sleep-focused clinicians at the American Sleep and Breathing Academy Study Club in Phoenix.



Mindshare Summit has spent more than a decade as a gathering place for health practitioners and entrepreneurs building brands, books and businesses around their expertise. "Mindshare is where bestselling books are born," Virgin has said of the event. This year's program included a fireside chat with Dave Asprey, founder of Bulletproof Coffee, who received the 2026 Pinnacle Award, and a Saturday night gala celebrating 15 summits of the community.

About Dr. Timothy C. Adams, DDS

Dr. Timothy Adams, DDS, is a nationally recognized biological, cosmetic and neuromuscular dentist whose career spans clinical practice, postgraduate dental education and published research. A graduate of Indiana University School of Dentistry, he has served in instructional and leadership roles at Indiana University and the Las Vegas Institute for Advanced Dental Studies, training dentists nationally and internationally in advanced clinical disciplines. He has authored more than 21 published articles in dental literature and continues to lecture on the connection between oral health and systemic wellness. Dr. Timothy Adams is represented by [Moon Media Affairs](#).

About Moon Media Affairs

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